

# Achai Benai Teiman

## Israel

**Translation:** My fellow Yemenite  
**Pronunciation:** ah-CHAI bney tey-MAHN  
**Dance:** Sefi Aviv  
**Music:** Mordechai Yitzadi  
**Words:** Tzion Golan  
**Formation:** Closed circle facing center with hands joined in V-pos.

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METER: 4/4 PATTERN

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Cts.

### INTRODUCTION:

#### PART I:

- 1-2 Sway R,L.  
3-4 Step R across L; step L to L.
- 5-6 Rpt. 3-4  
7-8 Step R across L; hold.
- 9-12 Yem. L.
- 13-16 Rock R bwd; step L fwd; close R to L; hold.
- 17-20 Rpt. 1-4.  
21-30 Rpt. 5-14.
- 31-32 Brush R next to L, in small arc twd R and turn to R to face CCW.

#### PART II:

- 1-8 Two slow step-tog-steps fwd w/R and L moving fwd on the line of the circle. End by turning twd the L to face center.
- 9-12 Step R to R; hold; step L across R; hold.
- 13-16 Step R to R; hold; step L across R; hold while turning twd R to face CCW.
- 17-32 Rpt. 1-16 ending to face center.

#### TRANSITION 1:

- 1-2 Small leap on R to R; strong step w/L across R and face center.  
3-4 Step R bwd; step L to L.
- 5-6 Sway R, L and turn twd L to face CW.  
7-8 Step R fwd while rising slightly on the R; hold.
- 9-10 Step L bwd while turning twd R to face ctr; step R to R.  
11-12 Step L fwd twd center.

- 13 Step R fwd w/deep bend and thigh twd ctr, and face to L (CW)
- 14 Step L in place, and face to L w/back twd center.
- 15-16 Step R fwd pivoting 1/2 turn bwd twd L and face center; hold.

17-20 Yem. L bwd.

21-24 Rpt. 1-4

**PART III:**

1-4 Slow step-tog-step fwd w/R. End with 1/2 turn to L pivoting on both feet; Hold.

5-8 Slow step-tog-step fwd twd outside of circle w/L.

9-12 1/2 turn to R in a semi-circle formation w/3 steps R,L,R; hold. Face center.

13-14 Step L to L; step R in place and lean on R

15-16 Close L next to R without weight; hold.

17-32 Rpt. 1-16 w/opp. footwork and direction (beg. w/L)

**TRANSITION 2:**

1-16 Rpt. 5-20 of Transition #1

**PART IV:**

1-4 Rock R bwd; step L fwd; step R fwd; small leap fwd onto L.

5-6 Step R fwd and turn body slightly to R and snap fingers; hold.

7-8 Rpt. 5-6 to L

9-12 Yem. R.

13 Step L to L; and lean on L w/bent knee

14 1/2 turn to R w/R pivoting on R so that back is twd center.

15-16 Close L next to R; hold.

17-32 Rpt. 1-16 moving out of circle and end facing center.

Translated by Honey Goldfein-Perry

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October 12-14, 2001