This quadrille with its graceful rhythm and its richness of form is typical of the many group dances of North Germany.

Form: 4 couples in a square.

Introduction: Meas. 1-8 Bow to your partner, bow to the corner, join hands in a circle.

- A. Meas. 1 8 (with repetition) <u>Circle</u> to the left and right with waltz steps.
- B. Meas. 9 16 Pass through. Waltz Back to Place. Head couples beginning on outside feet waltz through each other, men passing on the outside and women on the inside (Meas. 9-10). Then the women swing half around to face their partners (Meas. 11-12), in regular dance hold both waltz toward their own places, and with one waltz turn return to places (Meas. 13-16).
 9-16 (repetition) Side couples the same.
- C. Meas. 17-24 Elbow Swing in Line. Head couples taken open hip-shoulder hold, stamp left and run toward the center (Meas.17) where the men hook left elbows and all continue the running swing forward around (Meas. 18-19), break the forward movement (Meas. 21-23), and run backward to places (Meas. 24). 17-24 (rep.) Side couples the same.
- D. Meas. 25-32 (with repetition) Round Waltz of all four couples.

 Progression in circle: counter clockwise, cover 1/4 of the circle per 4 measures.

 Turn of couples: clockwise, two turns per 4 measures.

 Step: Old fashioned German Waltz step essentially step-close-step, pivoting on both feet on a very small space.

 Suggested but optional end: During the last two measures of the repetition, the woman with the man's assist, bounces off the floor, and while she is in the air, the man pivots just enough so that both are in their places as she comes down. Since there is no retard in the music and since the dance goes on, perfect timing, although difficult, is essential.
- A. Meas. 1-8 (with rep.) Women's Round. All four women dance by themselves inside around the circle past each of the men and back to their places. They turn constantly with hands on hips much as explained under D. Men clap hands.
- B to D Same as in 1st Tour.
- Meas. 1-8 (with rep.) Circle to left and right as in the beginning.

 During the last two measures of the repetition, bow to your partners.