

MUSIC: Gil Aldema
DANCE:

AD SHEYAFUACH YOM
(Until the day is gone)

Formation: Couples, facing CCW, man behind lady with his right arm around her waist holding her left hand. Lady's right arm is free.

PART ONE

1 - 4 Run forward on r.,l.,r.,r.
5 - 8 Sway to right, left, right, left.
9 - 16 Repeat 1-8.
17 - 18 Leap forward on right and close with left.
19 Stamp with right.
20 Hold.

PART TWO

MAN
1 Step-cross with left behind right.
2 Step on right to right side.
3 Jump on both feet.
4 Hop on left

LADY
Same steps moving in circle in front of man while changing places.
5 - 8 Repeat 1-4 in reversed direction with opposite footwork.
9 Leap on right forward.
10 Close with l. next r.
11 - 12 Repeat 1-2.
13 - 16 Lady turns CW under joined l. hands with 4 steps starting with r.

NOTE: CAN BE A MIXER BY HAVING THE LADY TURN CW FORWARD TO THE NEXT MAN IN COUNTS 13-16 (PART TWO).