

**AD OR HABOKER**  
Formation : Circle face center

Dance : Moshe Eskayo  
Music : M.Zeira

Part one

- 1-6: 3 Mayim with R ft. to left
- 7: Cross R in front of L
- 8: Hop on R ( bringing L fwd from behind )
- 9-16 Reverse 1-8 moving to right

Part two

- 1-3: Mayim R
- 4: Jump on both feet in place(separated)
- 5-8: Repeat 1-4
- 9-10: 2 steps left RL,facing and moving CCW
- 11-12: 2 steps bwd RL,facing right but moving CCW
- 13: Rock weight fwd on R
- 14: Rock weight bwd on L
- 15: Turning to face left,touch R toe to center of circle  
step in place on L
- 16: Repeat 15

Part Three (face center)

- 1:Cross R in front of L
- 2-3:Step-hop in place on L (lifting R to right off floor)
- 4:Cross R behind L
- 5:Step left on L
- 6-8:3 runs right RLR
- 9-16:Reverse 1-8 (starting cross L)
- 17-32:Repeat 1-16 from part two

Part Four

- 1-4: Mayim R
- 5-8: Step turn right,starting R (LRL)
- 9-12: Repeat 1-4
- 13-16: Repeat 5-8
- 17-32: Repeat 1-16 from Part two

**SIMCHA**

Formation : Couples in circle  
Mens back to center

Dance: Moshe Eskayo  
Music: Effi Netzer

Measures

Part 1

- 1 Men & Women facing each other start on same foot  
Step R twds partner. Step L in place, Run R Run L.
- 2 Repeat meas 1
- 3 Hand to waist hold turn R- hop-L-hop
- 4 Keep turning R L R L 1 1/2 turns in all
- 5-8 Repeat 1-4

Part 2

- 1 Step R across L- L to left, R across left-hop on R
- 2 Reverse part 2 meas.1
- 3 RLRL turn together without touching
- 4 R L R still turning hop R 2x altogether
- 5-7 Reverse 1-3
- 8 LRLR completing second turn to original position

Part 3

- Women & Men alternatly moving: When not moving clap hands on counts 1 & 3
- 1 Women jump on both- hop L, jump both,hop L  
moving toward their right
  - 2 4 step CW turn
  - 3-4 Men to left opposite- Part 3 meas.1-2
  - 5-6 Women back to original position opposite of meas. 1-2
  - 7-8 Men back to original position meas. 1-2 exactly.

Part 4

- Men's step described,women do opposite (ship hand hold)
- 1 Yemenite R,hop R
  - 2 Cross L in front of R - hop L across L,hop L
  - 3 Step L to left - Right across - L in place - hop L
  - 4 4 step CW turn.
  - 5-8 Repeat 1-4