



# DANCES BY YO'AV ASHRI'EL

## AD OR HABOKER Circle Dance

The dance reflects the spirit of the pioneers in Israel, when they used to dance the Hora all night.

Translation: Until the Light of Morning

Dance: Yo'av Ashri'el

Meter: 4/4

Formation: Circle in a simple hold

<u>Measures</u>	<u>Counts</u>	<u>Description</u>
<u>Part A - ( face center )</u>		
1	1	Step R to R
	2	Cross L over R
	3	Step R to R
	4	Cross L behind R
2	1-2	Step-hop R to R while lifting L across R
	3-4	Step-hop L to L while lifting R across L
3	1	Cross R over L
	2	Step L to L
	3-4	Step-hop R while turning to R, face CCW
4	1	Cross L over R
	2	Step R to R
	3-4	Step-hop L, end up facing center
5-8		Repeat Meas. 1-4, Part A
<u>Part B ( face center )</u>		
1	1	Stamp R to R w/bent knee while lifting L to L
	2	Hop on R
	3	Step L behind R
	4	Step R to R while turning to R, face CCW
2	1-2	Step-hop L fwd. in LOD, CCW
	3-4	2 Steps fwd. - R, L
3	1-2	Step-hop R to R
	3	Cross L over R while turning to R
	4	Step R in place, behind L
4	1-4	Repeat Meas. 3, Part B, reverse footwork and direction
5-8		Repeat Meas. 1-4, Part B
<u>Part C - ( face center )</u>		
1	1-2	Step-hop R in place while lifting L fwd.
	3-4	Step-hop L in place while lifting R back
2	1	Leap R to R
	2	Stamp L beside R w/out weight
	3-4	Step-ball-change L, R, L in place
3	1-4	2 Step-hops fwd. - R, L toward center
4	1-4	Repeat Meas. 2, Part C
5	1	Stamp R to R
	2	Hop on R
	3	Stamp L over R while body bends over
	4	Step R back
6	1-2	Step-hop L back
	3-4	2 Steps back - R, L while turning to R, face CCW w/out holding hands



AD OR HABOKER (continued)  
Circle Dance



<u>Measures</u>	<u>Counts</u>	<u>Description</u>
7	1	<u>Part C - (continued)</u>
	2	Sway to R
	3	Jump on both feet
	4	Sway to L
8	1-4	Jump on both feet
		1/4 turn to R w/4 steps - R, L, R, L, end facing center in a simple hold

YO'AV ASHRI'EL

HASHOSHANA PORACHAT  
Circle Dance

The song is an old Sabbath melody from Spain. The dance reflects in its movement Jewish Spanish style.

Translation: The Rose Blossoms  
Dance: Yo'av Ashriel  
Meter: 4/4  
Formation: Circle in a simple hold



<u>Measures</u>	<u>Counts</u>	<u>Description</u>
1	1	<u>Part A - (face center)</u>
	2	Step R to R
	3	Hold
	4	Cross L over R w/bent knees, snap fingers
2	1	Hold
	2	Step R to R
	3	Shift weight to L, end w/feet apart
	4	Cross R over L
3-4		Step L in place, behind R
		Repeat Meas. 1-2, Part A
		<u>Part B</u>
1	1-4	4 Step turn to R - R, L, R, L - on the last step cross L over R
2	1-4	Yemenite R
3	1	Step L to L w/bent knees
	2	Shift weight to R
	3	Cross L over R w/bent knees and snap fingers to R, waist high
	4	Step R to R, body up
4	1	Step L behind R w/bent knees and snap fingers to L, waist high
	2	Step R to R, body up
	3	Repeat ct. 3, Meas. 3, Part B
	4	Hold
		<u>Part C</u>
1-2		Repeat Meas. 1-2, Part B
3	1	Step L fwd. w/bent knees, snap fingers, L hip toward center
	2	Step R fwd.
	3	Repeat ct. 1, Meas. 3, Part C
	4	Hold
4	1-4	4 Step turn back away from center, R, L, R, L, end facing center in a simple hold



YO'AV ASHRI'EL