

Ada's Kujawiak #1
(Poland)

Notes by Andrew Carnie, July 28, 2004

A dance from the Kujawy region. This version comes from Ada Dziewanowska (and is frequently called "Ada's Kujawiak #1". These notes are based on notes by Ada, Alfred Sokonicki, and the notator's personal experience doing the dance in the USA.

Record: pożegnanie Ojczyzny, side A band 3, Na wiezbowym listaku

Formation: couples around the room facing CCW, side by side holding nearer hands.
Men on the inside (left).

Rhythm $\frac{3}{4}$

Steps:

Basic Step: (notated for men. Women do opposite)

Step on L (1), step on ball of R (2), step on ball of L (3), and reverse

Heel Step Step: Step forward on L heel (1), Step forward on R (2), Step forward on L (3)
(and reverse)

M's Slap Turn pattern. Step fwd on R (1), pivot CW on R (&2&3), meanwhile raise L Knee (&) Slap top of L thigh twice (2, 3). (In many places in the USA, the man slaps the left side of his boot, then the right side.)

Flat Step. Flat even walking steps.

DANCE

1-4 Introduction

Part 1 Away together

1-3, starting with outside foot, do three basic steps, dancing away from your partner, towards your partner and away

4 M does 1 basic step fwd, W does one curling $\frac{1}{2}$ way in to face partner ending in shoulder/shoulderblade position

5-7, M moving forward, W backward. 3 basic steps in LOD

8. Slow dip bending knees to left, then swinging them forward

Corn...

9-11, both beginning L, do 3 heel step steps pivoting around one another

12 stamp twice (R, L). (Some dancers in the USA do 3 heel clicks here instead)

13-16 repeat 9-12, opp ftwork and direction

Part 2 Close up & Slap turns

Both facing LOD, the man puts his R hand around the W's waist. The woman balls her left fist, and wraps it around the man's R arm so that her elbow is behind his, and her fist is pressed tightly against the inside of his bicep.

1-3, repeat bars 1-3 of part one but in the new close-up position

4, M moving forward, Woman backing up with a flat step, The man executes the slapping step

5-7, using 3 flat steps, the man moving forward and the woman backing up, pivot around.

8. Two stomping steps

9-16, repeat 1-8

Interlude

1-4, facing partner with both hands joined. Balance away, together, away and bow