

ADANA -- Macedonia (Skopje)

Int.

АДАНА

(Line dance for men, no partners)

Translation: a town in Turkey.Record: Folkraft LP-25, side B band 4 (3:38)--orchestra.Starting Position: "T" position. Right foot free.

Music 4/4

Measure

PART I -- Slow (Music AA, BB, C)

- 1 Facing slightly and moving right, step forward on right foot, bending left knee to raise left foot slowly across in front of right (counts 1-2), and REPEAT, reversing footwork (counts 3-4).
- 2 Turning to face center, step sideward right on right foot, bending left knee to raise left foot slowly across in front of right (counts 1-2), FLEX right knee twice (counts 3-and 4-and).
- 3 REPEAT pattern of measure 2 reversing direction and footwork.
- 4-5 REPEAT pattern of measures 2-3.
- 6-10 REPEAT pattern of measures 1-5.

Music 4/8

PART II -- Fast (Music C, DD, BB)

- 11 Facing slightly and moving right, two HOP-STEPS (left, right) forward (counts 1-2, 3-4).
- 12 Turning to face center, hop on left foot (count 1), Three small running steps (right, left, right) in place (counts 2-4).
- 13 REPEAT pattern of measure 12 reversing footwork.
- 14-15 REPEAT pattern of measures 12-13.
- 16 REPEAT pattern of measure 11.
- 17 Turning to face center, hop on left foot (count 1), Step sideward right on right foot, bending left knee to raise left foot across in front of right (count 2--music slows down here),

Music 4/4

- 18-20 FLEX right knee twice (counts 3-and 4-and).
As I above, measures 3-5.

VARIATION for Part I

- 1 Facing slightly and moving right, step forward on right foot, kneeling on left knee (counts 1-2),
- 2 Continuing, step forward on left foot, kneeling on right knee (counts 3-4). Turning to face center, leap sideward right on right foot, kneeling on left knee (counts 1-4); OR
Turning to face center, leap sideward right on right foot, kneeling on left knee (counts 1-2),
With weight on right foot, rise slightly putting left foot in crook of right knee (count 3),
Rise completely and bend left knee to raise left foot across in front of right (count 4).
3-5 Rising, as I above.