

ADANALI
Line Dance

Source: Learned from Yusuf Dener in Izmir, Turkey, in April 1977. It is from the material of the Sümöter Folk Ensemble of Izmir and originally was from Skopje. The title translates "the man from Adana" which is a town in southern Turkey.

Record: Horon 105, Side I #1

Formation: Men and women together in a line, hands joined and down

Rhythm: 4/4

Cts INTRODUCTION

1-8 Wait 8 cts, start with command, "haydaaa"

STEP I

1 Facing and moving LOD, rise slightly on L as you lift R (W lift low, M higher) in frt

2 Step R

3 Rise slightly on R as you lift L in frt

4 Step L

5 Rise slightly on L as you lift R in frt

6 Step R, turning to face ctr

7 Flex R knee slightly and lift L in frt, heel turned to face up

8 Straighten R knee as you swing L in air in a circle CCW

9 Bend R knee and arch body bwd touching the top of L ft behind R knee (lower for W)

10 Step L in place

11-14 Repeat cts 7-10, opp ftwk and opp dir

15-17 Repeat cts 7-9

18 Step L behind as you turn to face LOD

19 Step R behind

20 Step L fwd

Repeat cts 1-20, five times for a total of six. Change when music gets faster

STEP II

1 With flexible knees, facing and moving LOD, lift R

2 Step R

3 Lift L

4 Step L

5 Lift R

6 Step R

7 Step L across R

8 Step R, turning to face ctr

9 Lift L in frt

10 Step L

11-14 Repeat cts 7-10, all facing ctr

15-17 Repeat cts 7-9

18 Step L behind as you turn to face LOD

19 Step R behind

20 Step L fwd

continued

ADANALI (continued)

- Cts STEP II - continued
W continue this step throughout the rest of the dance, joining hands when M leave line to do solo steps.
M: Do Step II two times total, dropping hands at the end
- MEN'S STEP III
1 Facing and moving ctr, hop fwd on L with R lifted in frt, L arm raised in frt, R arm behind
2 Step R fwd
3 Hop fwd on R with L lifted in frt, R arm raised in frt, L arm behind
4 Step L fwd
5-6 Repeat cts 1-2
7 Step L next to R and put hands on waist
8 Pause
9 Bounce on R lifting L in frt
10-12 Step L, R, L in place
13 Bounce on L lifting R in frt
14-16 Step R, L, R in place
17-20 Repeat cts 9-12
21 Hop on L with R lifted in frt and make a half-turn to L to face W, L arm raised in frt, R arm behind
22 Step fwd R
23 Hop on R with L lifted in frt, R arm raised in frt, L arm behind
24 Step fwd L, changing to L arm raised in frt, R arm behind
25 Bounce on L, R lifted slightly, L arm still in frt, R arm behind
26 Bounce on L and step R in place, reverse arms
27 Step L in place, reverse arms
28 Step R in place, reverse arms
 (Note cts 25-28 are hop, hop, step, step, step)
29-32 Repeat cts 25-28, opp ftwk and opp hands
33-40 Repeat cts 25-32

MEN'S STEP IV

- 1-5 Repeat Step III, cts 1-5, turning to L on ct 1 to face ctr
6 Step on R and bend R knee, beginning to kneel on L
7 Touch L knee to floor putting hands on waist
8 Raise with wt on R
9-40 Repeat Step III, cts 9-40

MEN'S STEP V

- 1-8 Repeat Step III, cts 1-8, turning to L on ct 1 to face ctr
9-10 Bend fwd, taking wt on both hands on floor
11-12 Throw both feet bwd to assume a "push-up" pos
13-14 With wt on both hands, kick feet up and come down with R ft crossed over L, toes on the floor
15-16 With wt on both hands, kick feet up and come down with L ft crossed over R, toes on the floor
17-18 Jump to a squat on both feet, both hands still touching floor
19-20 Rise with wt on both feet
21-40 Repeat Step III, cts 21-40, rejoining W's line at end
41-80 Both M and W do Step II, two times
81 Hop on L with R lifted in frt
82 Leap to R with L lifted in frt and hold