

# La Adelita

## LA ADELITA

Dance from Northern Mexico

Record: Peerless 4/324

Starting Formation: Partners side-by-side facing front, girl on the right of boy

- Step 1. Stamp right foot  
Do 3 slides to the right  
Repeat starting with the left foot  
Do this 8 times in all.
- Step 2. Partners facing each other  
Hop on L and at same time tap right heel at side (toe out)  
Hop on L and at same time tap right toe across L foot  
Do 2 slides to the right thus (slide-close-slide)  
Repeat starting with left foot.
- Step 3. Face front. Cue words: Heel, toe, stamp (hold)  
Thus: Hop on L at same time place right heel in front  
Hop on L at same time place right toe in back: stamp right foot (and hold)  
Do 3 consecutive "heel-toe" steps turning to right. End with stamp on right. Repeat with other foot.
- Step 4. Facing front. Cue words: heel, toe, run, run, run.  
Thus: Hop on L and place right heel in front; Hop on L and place right toe in back (as in step #3).  
Do 3 running steps forward (R,L,R). Repeat heel-toe with left foot.  
Run 3 steps back to place (L,R,L).
- Step 5. Taconazo (Northern Zapateado) "Facing front" leap onto right foot (in place). Step on left heel (in place); Step on right foot (in place); Tap (or strike) left heel (in place) without taking weight. Repeat starting with L foot. On last 8 taconazo steps woman travels forward and turns to face partner.
- Step 6. Square (or diamond) with partners facing, they describe a square around each other. Use "heel-toe, run, run, run" step as in Step #4.  
Slight turn to own right. Do "heel, toe, run, run, run" step with R foot, travel diagonally forward.  
1/4 turn to own L, do step with left foot; 1/4 turn to own L, do step with right foot; 1/4 turn to own L, do step with left foot and up at home position. Repeat (do 2 times).

Repeat dance from Step #2.