

LA ADELITA

(Dance from Northern Mexico)

Record: Peerless 4/324

Starting Formation: Partners side by side facing front, girl on R of boy.

- Step 1. Stamp R ft. Do 3 slides to R. Repeat starting with L foot. Do this 8 times in all.
- Step 2. Partners face each other. Hop on L and at same time tap R heel at side (toe out). Hop on L and at same time tap R toe across L foot. Do 2 slides to the R thus: (slide-close-slide) Repeat starting with L foot.
- Step 3. Face front. Cue words: Heel, toe, stamp (hold) Thus: Hop on L at same time place R heel in front Hop on L at same time place R toe in back: stamp R ft (and hold) Do 3 consecutive "heel-toe" steps turning to R. End with stamp on R. Repeat with other foot.
- Step 4. Facing front. Cue words: heel, toe, run, run, run. Thus: Hop on L and place R heel in front; Hop on L and place R toe in back (as in step #3). Do 3 running steps forward (R,L,R). Repeat heel-toe with L foot. Run 3 steps back to place (L,R,L).
- Step 5. Taconazo. (Northern Zapateado) "Facing front" leap on R ft (in place.) Sep on L heel (in place); Step on R ft (in place ; Tap (or strike) L heel (in place) without taking wt. Repeat starting with L ft. On last 8 taconazo steps woman travels forward and turns to face partner.
- Step 6. Square (or diamond) with partners facing, they describe a square around each other. Use "heel-toe, run, run, run" step as in Step #4. Slight turn to own R. Do "heel, toe, run, run, run" step with R ft, travel diagonally forward.
1/4 turn to own L, do step with L ft; 1/4 turn to own L, do step with R ft; 1/4 turn to own L, do step with L foot and up at home position. Repeat (do 2 times).

Repeat dance from Step #2.

Note: In very last step, M must travel diagonally to partner so he ends up next to his partner for a pose.

Lighted Lantern Camp 1978
Rodolfo Ulibarri