

# AGHCHKA JERAZANKE

Translation: 'Dream of a girl'

Music: 'Ararat - Armenian Dances', 4/4

Source: dance for women, choreographed by Tineke van Geel, using elements of typical movements in women's dances from several ensembles in Yerevan.

Formation: short lines, left arm stretched, L hand on lower back of left neighbour, R arm down.

Introduction: 2 measures

Description: Tineke van Geel

## meas cnt

### Figure 1

- |     |     |   |
|-----|-----|---|
| 1   | 1   | step on R to R, bring the R arm, palm of the R hand facing up to R (R knee bent)  |
|     | &   | step on ball of L ft behind R   |
|     | 2   | step on R to R, rotate R arm, palm of R hand comes facing down (R knee bent)  |
|     | &   | step on ball of L ft behind R   |
|     | 3   | step on R to R, rotate R arm, palm of R hand comes facing up (R knee bent)  |
|     | &   | step on ball of L ft behind R   |
|     | 4   | step on R to R, rotate R arm, palm of R hand comes facing down (R knee bent)  |
| 2   | &   | turn on R ft in place $\frac{1}{2}$ CCW, bring R arm down   |
|     | 1-4 | repeat meas 1 cnt 1-4 with opp arm and ftwrk<br>End with $\frac{1}{2}$ turn CW to come back to face ctr   |
| 3   |     | repeat meas 1   |
| 4   |     | repeat the steps of meas 1, but now in place, while making $\frac{1}{2}$ turn CCW, taking the full measure. End with R arm on lower back of R neighbour, facing outside |
| 5-8 |     | repeat meas 1-4 completely (start facing out) with opp ftwrk, moving in LOD, L ft starts  |

### Figure 2 (hands free), face ctr

- |   |   |  |
|---|---|--|
| 1 | 1 | step on R to R, bring the arms to a vertical 'V-shape' pos, palms of both hands facing eachother |
|   | 2 | cross L behind R, make an inwrtd turn with hands from the wrist                                  |
|   | 3 | step on R, facing LOD, arms are lowered down, palms of both hands facing out                     |
|   | 4 | step on L, make an outwrtd turn with the hands from the wrist, ending palms facing fwd           |

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- 2 repeat meas 1
- 3 repeat meas 1
- 4 1 close R beside L to face ctr, bend both knees, bring the R arm fwd to a horizontal pos, palm of hand facing down, L arm down  
2 bring the L arm fwd to a horizontal pos, palm of hand facing down, R arm comes down
- meas cnt** **cont. Aghchka Jerazanke Fig. 2**
- 4 3 repeat cnt 2 with opp movements  
4 bring R arm also down, stretch both knees

5-8 repeat meas 1-4

**Figure 3 (facing ctr)**

- 1 1 cross R over L, make a inw turn with both hands until both palms of the hands point to the R. At the same time the R arm is stretched to the R and the L hand is brought in front of the R shldr (L elbow down)  
2 cross L over R, repeat the arm movements of cnt 1 in opp direction with opp arms  
3 step on R to ctr  
& step on L to ctr  
4 step on R to ctr, R knee bent

The arms are brought up with kind of a 'lifting' movement (starting down) during cnts 3&4 to come to the position as described in next meas

- 2 1 step on ball of L ft behind R  
The R arm ends in a vertical 'V shape' pos, the L arm is bent, L hand next to R side of face. Palms of hands were facing body, ending with a turn of both hands twds the body. Palms of hands both end facing R.  
2 step back on R (R knee bent)  
3 step on ball of L ft behind R  
4 step back on R (R knee bent)  
During meas 2 the arm pos remains unchanged
- 3 . small jump on ball of L ft, facing diag L, moving out  
. Close R beside L, bend both knees, full feet  
Repeat this movement three times (total 4x), but end closing R beside L without wt  
During this meas the R arm comes slowly down, while the L arm is lifted up coming from down to a 110° vertical pos, palm of L hand facing down, elbow slightly bent.

4 repeat meas 3 with opp ftwrk, moving out facing diag R

5-8 repeat meas 1-4

**Figure 4**

- 1 1& pivotstep with R in place, start turn 1/4 CCW  
2& repeat cnt 1&  
3 step on R across L, finish the 1/4 turn CCW (R knee bent)

During these 3 cnts the arms come from a movement ressembling 'saying prayer' with the fingertips touching, to the final pos on cnt 3. The L arm ends horizontal to L, the R arm horizontal fwd, palms of both hands facing up

**meas cnt cont. Figure 4**  
4 rest

2 repeat meas 1 in opp direction with opp ftwrk, making 1/2 turn CW, end facing LOD

3 1-2 repeat figure 3, meas 1, cnt 1-2  
3-4 again

4 1-2 pivotstep on R in place, starting full turn CCW  
Arms do the same movement as described in fig 3 meas 2 and stay in place during the whole meas.

3-4 pivotstep on R in place, ending full turn CCW

5-8 repeat meas 1-4

**Closure**

- & ft together facing ctr, knees bent  
1 stretch both knees and end the arms in the pos as described in fig 3 meas 2

**Sequence:**

figure 1-4 two times  
figure 3, measure 1-4  
closure