## AGIR KOVENK

Agir kovenk means "slow dance." The dance is a men's dance from Bitlis, Turkey.

Music: Bestof Bora V Side: B Band: 11

Formation: Straight lines, hands held down and back.

Meter: 4/4

Measure	Pattern
Part One 1	Moving forward, step R (ct 1), bend R (ct &), step L (ct 2), bend L (ct &), step R (ct 3), bend R (ct &), touch L in front of R (ct 4), kick L down (ct &).
2	Moving backward, step L (ct 1), kick R down (ct &), step R (ct 2), kick L down (ct &), step L (ct 3), kick R down (ct &), touch R heel to the front (ct 4), touch R heel to the side (ct &).
Part Two	Dancing in place, step R forward (ct l), bend R (ct &), step L back (ct 2), bend L (ct &), step R forward (ct 3), bend R (ct &), touch L in front of R (ct 4), kick L down (ct &).
2	Same as Part One measure 2, but smaller steps.
Part Three	Moving forward, close feet with body forward (ct 1), lift L with body back (ct &), step L with body forward (ct 2), lift R with body back (ct &), step R with body forward (ct 3), lift L with body back (ct &), touch L in front of R (ct 4), kick L down (ct &).
2	Same as Part One measure 2.

presented by Bora Ozkok