

AĞIRLAMA  
(Turkey)

**SOURCE:** Ağirlama is the opening dance of most celebrations in Gazi Antep.

**TRANSLATION:** The name of the dance means "slowly;" it is in the Halay style.

**PRONUNCIATION:** ár' lä mä

**MUSIC:** Sicak '91, AL 00

**FORMATION:** Semi circle. During first part of dance, arms are free, bent at the elbows. During the send part, join hands, locking fingers, arms bent at elbows.

**METER:** 8/4 and 4/4

PATTERN

Meas  
(8/4)

Introduction: 1 meas drum bts

FIGURE 1

11 Face ctr, arms free, bent at elbows, standing close tog, clapping hands twice for ea step.  
Step L, cross R (ct 1); step on R to R (ct 2);  
Rpts cts 1&2 three more times (cts 3-8)

\*\*Rpt these 8 cts 11 times.

FIGURE 2

6 Join hands, cont. to face ctr.  
Step on L, cross R, & lean body fwd (ct 1);  
Tch R toe behind L, body stays fwd (ct 2);  
Hold for cts 3 & 4.  
Step back on R, bending knees & straightening up (ct 5); tch L heel in place (ct 6);  
Hold for cts 7 & 8.

\*\*Rpt these 8 cts 6 times.

FIGURE 3

6 Step on L to R (ct 1); step on R to R, half toe (ct &);  
Step on L to R (ct 2); step on R in place (ct 3);  
Tch L heel in front (ct 4).

\*\*Rpt these 4 cts 6 times.

FIGURE 4

4 Jump on both ft, L in front (ct 1);  
Hop on L, lifting R back (ct 2);  
Jump on both ft, L in front (ct 3);  
Hop on R, lifting L back (ct 4).

\*\*Rpt this fig 4 times.

AGIRLAMA (cont'd.)FIGURE 5

- 4 Hop on R, tching L heel in front (ct 1);  
 Hop on L lifting R back (ct 2);  
 Hop on L, tching R heel (ct 3); hop on R, lifting L back (ct 4);  
 Hop on R, tching L heel (ct 5); hop on L, kicking R fwd (ct 6);  
 Hop on R, kicking L fwd (ct 7); hop on L, kicking R fwd (ct 8);  
 Jump on both ft (ct 9: hop on R, lifting L up (ct 10)

\*\*Rpt this fig 4 times.

FIGURE 6

- 4 Rpt cts 1-6 of Figure 5 (cts 1-6);  
 Hop on L, lifting R in a back bicycle (ct 7);  
 Step on R in place, lifting L (ct 8); hop on L, kicking R fwd (ct 8);  
 Jump on both ft (ct 9); hop on R, lifting L up (ct 10).

\*\*Rpt this fig 4 times.

TO FINISH: After last rpt of Figure 6, drop L ft next to R,  
 and say "Hey!" (ct 11).

Presented by Ahmet Lüleci ©  
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