

AYELET AHAVIM (continued)

Counts

Description

Part 3 (continued)

Section B: Couples move on circle first CCW then CW and change places

1-2

Cross R ft deeply in front of L ft, step on L ft to L side

3-4

Repeat counts 1-2, moving CCW

5

Deep cross with R in front of L with accent

6

Swing L leg high in the air to L side, turn to R, couples face same front CW, man's L shoulder and woman's R adjacent, inside hands joined down, outside hands joined forming a high arch over head

7-8

2 steps fwd moving CW L,R

9-10

Accented step with L ft fwd, swinging R leg fwd in air

11-12

Man's Steps:

Woman's Steps:

Step bwd on R ft and go down on R knee

Step bwd on L with bent knee, step on R ft fwd

13-16

Stays on R knee "following" with his face the woman

Circles around man half a circle CW, with 4 steps fwd beg with L ft, ending up in inside circle, without leaving the joined hand

The whole part 3 is repeated once more, but the position of the partners is reversed: man beg in outside circle, woman in inside circle, couples move first CCW, then CW, ending in original face to face position, man inside with back to center, woman outside; the footwork does not change

BLUE STAR CAMP 1979

AHAVA ATIKA

(Ancient Love)

Choreographer:

Eliyahu Gamliel

Music:

Nava Gefen

Group Formation:

Couples on one circle, woman on man's R side, all facing center, moving CCW

Structure of Dance:

Two parts and a transitional section

Meter:

7/8; in the instruction every measure of 7/8 will be brought as one count (describing the inner division)

"Basic Step:"

1 Skip on R ft fwd (3/8), step on L fwd (2/8), step on R fwd (2/8)

2 Repeat the same on opposite feet

(cont.)

AHAVA ATIKA (continued)

Counts

Description

- Part 1: Face center, move to R, CCW
1 Skip on R ft to R side (3/8), cross with L ft in back of R ft (2/8), step with R ft to R side (2/8)
2 Facing LOD, "basic step" with L ft
3 Skip on R toward center turning to face center (3/8), step on L ft toward center with bent knee (2/8), step on R bwd (2/8)
4 "Basic step" on L bwd away from center
5-16 Repeat counts 1-4 three more times (4 times in all)

Part 2:

- Section A: Partners turn to face each other on one circle, not joining hands, arms are raised high to the sides
1 Skip on R ft to R side (3/8), deep cross with L ft in front of R ft turning slightly to R side (2/8), step on R bwd (2/8)
2 Repeat count 1 with reversed footwork and directions
3 Skip on R ft fwd, R shoulders of partners adjacent, R hands joined and bent at shoulder level (3/8), Cross L ft slightly in front of R ft with a big step and turn slightly to R, as L palms of partners touch high above heads and as partners look at each other (2/8), step on R ft in place (back) (2/8)
4 "Basic step" with L ft bwd to end up in former position
5-8 Repeat counts 1-4

- Section B: Partners cross hands in back, R hands at waist-line, L hands at partner's L hip
1-4 With 4 "basic steps" beg with R ft, couples make 2 complete turns CW in place

- Section C: Woman "escapes," man follows her on the circle in LOD (CCW)
1 "Basic step" with R ft, the woman makes a complete turn CW, the man fwd
2 "Basic step" with L ft, the woman fwd, man makes a complete turn CW
3-4 Repeat counts 1-2

- Transitional Section: One circle, face center, hands joined, tempo slows down
1 Step on R ft to R side (3/8), cross L ft in front of R ft (2/8), step on R ft in place (back) (2/8)
2 Repeat count 1 reverse footwork and directions
3 Step on R ft fwd toward center (3/8), step on L ft fwd toward center with bent knee (2/8), step on R ft in place (back) (2/8)
4 Step on L ft bwd (3/8), step on R ft bwd (2/8), step on L ft bwd (2/8)
5-8 Repeat counts 1-4

BLUE STAR CAMP 1979