

AHAVAT CHAYA'I

(Israeli Circle Dance)

TRANSLATION: Love of My Life
SOURCE: Sefl Aviv
MUSIC: Israeli Folk Dances: Old Favorites YEDI
FORMATION: Circle in a Simple hold (V position)

METER: 4/4, 2/4

PATTERN

Meas Count

Part A (Face center)

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|-----|-----|---|
| 1 | 1 | Step Right to Right |
| | 2 | Hold |
| | 3 | Step Left across Right |
| | 4 | Cross hands in front of body and Snap fingers |
| 2 | 1-4 | Repeat Meas. 1, Part A |
| 3 | 1-4 | Yemenite Right with Hop |
| 4 | 1-3 | Take 3 Steps in RLOD - CW: Left, Right, Left |
| | 4 | Touch Right beside Left |
| 5-7 | | Repeat Meas. 1-3, Part A |
| 8 | 1-2 | Step-Hop Left, Turning a 3/4 turn to Left (CCW, end facing LOD-CCW) |

Part B (Face LOD - CCW)

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|-----|--|--|
| 1-2 | | 4 Debka Steps forward in LOD; Right, Left, Right, Left |
| 3-4 | | Repeat Meas. 1-2, Part A |
| 5-8 | | Repeat Meas. 1-4, Part B |

Interlude (Face center)

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|-----|---|---|
| 1-2 | | 2 Yemenite Steps: Right, Left |
| 3 | 1 | Step Right back, arms come up |
| | 2 | Shift weight forward to Left, bring arms down to W hold |

Part C (Face center, hands in W hold)

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|-----|-----|--|
| 1 | 1 | Step Right diagonally forward across Left |
| | 2 | Step Left forward beside light |
| | 3 | Step Right diagonally forward across Left |
| | 4 | Hold |
| 2 | 1-4 | Repeat Meas. 1, Part C, opposite footwork and direction |
| 3 | 1-4 | Repeat Meas. 1, Part C |
| 4 | 1-3 | 3 step turn to Right, moving away from center; Left, Right, Left |
| | 4 | Hold |
| 5-8 | | Repeat Meas. 1-4, Part C |

Part D (Face center, hands in a Simple hold)

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|-----|-----|---|
| 1-2 | | 4 Debka Steps forward, toward center, Right, Left, Right, Left |
| 3 | 1 | Leap Right to Right |
| | 2 | Step Left across Right |
| | 3-4 | Step-Hop Right in place |
| 4 | 1-3 | Turn 1&1/2 turns to Left, moving out: Left, Right, Left, end facing out |
| | 4 | Hop on Left |
| 5-6 | | 4 Debka Steps forward, away from center; Right, Left, Right, Left |
| 7 | 1-4 | Yemenite Right with hop |
| 8 | 1-2 | Balance; Right and Left |
| | 3 | Pivot on Right 1/2 turn to Right, Step Left beside Right, end facing center |
| | 4 | Hold |

Presented by Ya'akov Eden at the Laguna Folkdancers Festival 200