

AHAVAT HADASSA

Line dance, facing Ccw, L arm curled against side with palm up, R hand fwd, palm down, clasping L hand of person in front. R footed dance.

Pattern: chorus, verse 1, chorus, verse 2.

Chorus, facing Ccw.

- 1 R rock fwd, around Ccw, L ft still in place, knees bent, body low but straight.
 - 2 L rise on toes and rock back, around Cw, with R ft still fwd.
 - 3 R rock fwd, around Ccw, L ft still in place, knees bent, body low but straight.
 - 4 L step fwd, rising to normal height.
- 5-16: repeat. Hips move in a fwd circle in what is called a camel step.

Verse 1, facing in twd Ctr.

- 1 R step to side.
 - 2 L step across behind R.
 - 3 R step to side.
 - 4 L,L step hop across over R (high hop).
- 5-16: repeat. } around Ccw. Mayim hop.

Verse 2, facing in twd Ctr.

- 1 R step to side, around Ccw, body straight, arms out low to sides.
 - 2 L step across over R, around Ccw, contracting body, crossing wrists and snapping fingers.
 - 3 R sway to side, around Ccw, L ft still in place, body high.
 - and L sway to side, back to place, body high.
 - 4 R leap high to side, around Ccw, landing on toe.
 - and L step across over R, around Ccw, leg straight, normal height.
- 5-16: repeat.