

I REMEMBER - Hadarim IV,
Side A, band 3

MUSIC: Traditional
DANCE: Elishu Gamiel

ISRAELI:

AHAVAT HADASSAH II
(Love of Hadassah)

FORMATION: Circle, holding hands.

PART I

MOVING CCW

1 - 4 Run forward with right, left, right, and left.
5 Step with right foot to the right side (out of circle).
6 Step with left foot back to place.
7 - 8 Facing center, step-hop (with weight) with right foot into
center of the circle.
9 - 10 Step-hop with left foot backward.
11 - 12 Step-hop with right foot backward.
13 - 16 Yemenite left ending with a hop.
17 - 32 Repeat 1-16.

PART II

FACING CENTER OF CIRCLE

1 - 2 Run forward with right, and left.
3 - 4 High step-hop with right while making $\frac{1}{4}$ a turn CW (to own
right) on the hop so that your back is now to the center
of the circle.
5 - 8 Run backward with left, right, left, hop.
9 - 12 Small yemenite to the right side.
13 - 16 Small yemenite to the left side.
17 - 32 Repeat 1-16 moving out of the circle while returning to
starting position.

Continued...

TERMINOLOGY AND ABBREVIATIONS

(Before reconstructing a dance, carefully read the following explanations.)

LOD	Line of direction
RLOD	Reverse line of direction
Step	Put full weight on foot
Touch	No weight on foot
R.	Right foot
L.	Left foot
FWD.	Forward
BWD.	Backward
CM	Move according to the clock
CCW	Move counter clockwise

Every dance has a 4 measure introduction. All the steps described are done to a $\frac{1}{2}$ note unless otherwise indicated. Also, every step can be reversed starting with the other foot.

Step-hop:
Yemenite Left:

Step and hop on the same foot (2 counts).
Yemenite step left: Step with the left foot to the left side (bend knees), step on the right toe in back of the left foot, step-cross with the left foot in front of the right; hold on the 4th count.

Yemenite Right:

Reverse the Yemenite left, starting with the right foot to the right side.

Mayim Step moving to the right side:

Facing the center of the circle: step-cross with the left foot over the right, step with the right foot to the right side, step-cross with the left foot behind the right, step with the right to the right side.

Mayim Step moving to the left side:

Reverse the Mayim Step moving to the right side starting with step-cross with the right foot over the left.

Debka Jump:

Jump with feet together while turning knees to left side. Jump again while turning knees to original position.

Pás de Basque: Hora Step to the Left:

Little hop on the left foot, hop on toes of the right foot right next to the left, hop back on the left foot.

Hora Step to the Right:
Cherkessiya:

Reverse Hora Step to the Left.

Step with right foot forward, while raising arms up, step backward with the left foot bringing arms down, step backward with right foot, step forward with the left foot (4 steps to 4 counts).

Double Cherkessiya:

Right foot crosses over the left foot, step on the left foot in back of the right, step on the right foot to the right side. Then reverse: left foot crosses over the right foot, step on the right foot in back of the left, step on the left foot to the left side.

Add: right foot crosses over the left foot, step on the left foot in back of the right.