

AHRNTALER LANDLER  
(Austria)

A dance from the Tyrol.

Pronunciation:

Record:

Formation: Ptrs side by side, facing LOD. M R hand joined with W L.

Steps: Three small steps in each meas at a steady pace throughout the whole dance, but not waltz-steps! 8 meas for each figure.

Meas

Pattern

- 1-8 I.  
Cpls move fwd in LOD, hands softly swinging fwd and bkwd.
- 1-8 II.  
Cpls raise joined hands, M moving fwd in LOD, W turn CW. Join other hands at the end of meas 8.
- 1-8 III.  
M raises R hand, W turn 1/2 CW going to M left side. M R hand and W L hand are stretched forward. Cpl turns CW, M is axis.
- 1-8 IV.  
Cpl turns out, M raises L hand, W 1/2 turn CW going to M R side. M L hand and W R hand are stretched fwd. Cpl turns CCW, M is axis.
- 1-8 V.  
Cpl turns out. W goes down on R knee. M climbs over the W R arm with his R ft, turning CCW 1/2 turn. W gets up. M puts the joined hands on his back; bent over he turns furter CCW 1/2 turn and comes up between the W arms. Cpl dances waltz in this pos.
- 1-8 VI.  
M bends and turns CW 1/2. Now joining M R hand with W R hand at his waist and M L hand with W L hand. M raises L hand and turns CW 1/2. M now raises both hands and W turns once CW to the "window": put the R upper arms together horizontally, shldr to elbow; R forearms vertical, the joined L hands within the window. Cpl turns CW.
- 1-8 VII.  
M raises both hands. W turns 3 times CCW to the "window": put the L upper arms together horizontally, shldr to elbow, L forearms vertical; the joined R hands within the window. Cpl turns CCW.

AHRNTALER LANDLER (continued)

- 1-8 VIII.  
M raises both hands. W turns once CW. Assume ballroom pos and M lifts W up with his R hand while W pushes against M R shldr with her L hand; W R hand in M L hand, both arms straight. M dances waltz CW in this pos and lets W down at the end of the phrase.

Presented by Klaus Tschurtschenthaler