AJDE JANO macedoma n

Record- Yugoton C-6447

Formation-Line holding hands low.

Notes-Steps should be done with a "demi plie" through out the dance. Measures of a 7/8 meter are divided into 3/8 plus 4/8(slow, slower) and 3/8 plus 2/8 plus 2/8. (Slow quick quick as in Syrto) Four measure intro on this recording.

meas-l

3/8 step R LOD, 4/8 step L toe turned a little L

3/8 step R LOD, 2/8 step L LOD, step R LOD, turn to face center.

3/8 step L to center, 4/8 lift L heel and raise R leg(bent knee) to front of L.

3/8 step R to front L 4/8 touch toe front that is turned out a little L, R knee bends

3/8 step back with L, 2/8 step back R, step together... repeat from beginning-

BELO LENČE Carbia

Record-KF EP 101

Formation-Line with hands held forward from shoulders and slightly bend.

Notes-Much the same dance as "Vranjanka". 7/8 meter divided in S Q Q. Leaders frequently carry and handkerchief. M and W in Separate lines.

Meas-1 to 3 Men's step:

step R touch L close by, Step L touch R etc three times in all.

step L to back (S) face LOD step R(Q), step fordward on L(Q)

step R forward LOD (S), step K forward(Q), bending L knee, bring R behind L knee and pivot to face center(Q).

Meas- I to 3, Women's step:

step R point L with slight twisting action, step L point R etc...three timess in all.

step back L on diagonal R(S), step R back still on diagonal(Q), step L in place(Q).

step R to R facing center(S), lift on R(Q), step K across R to R(Q) repeat etc...

HALAY Jurkish

Record- FEZ 703

Formation-Line with hands held down and fingers interlocked. Shoulders should be nearly touching. M and W are in separate lines. W have the more reserved steps. 7/8 meter is divided as in Adje Jano.(S) equals 3/8, (s) 4/8. No intro

start on any heavy beat. Meas-1

step R to R(S), step L behind L to R(s)

step R to R (feet are apart shoulders width)(S), bounce twice on R(QQ) L stays on floor

shift weight to L and bounce(S) shift back to R bounce twice(QQ).

shift weight to L and bounce SQQ.... repeat to end of music.