

AJDEMIRSKA TROPANKA

Source: Anastasia Moskova. This dance is from the northern villages of the Dobrudzha region of Bulgaria.

Formation: Mixed lines with hands joined at sides.

Music: 2/4: counted ONE and TWO and.

Measure:	Description:
1	Facing and moving R LOD, step fwd. on R ft. (ct. 1), step fwd. on L ft. (ct. and), step fwd. on R ft. (ct. 2), scuff L heel next to R ft. (ct. and).
2	Repeat action of Meas. 1 with opposite footwork.
3	Repeat action of Meas. 1.
4	Turning to face center, leap to L on L ft. (ct. 1), stamp R ft. diag. fwd. R, taking no weight (ct. and), stamp R ft. fwd. (ct. 2), pause (ct. and).
5	Step diag. bkwd. L on L ft. (ct. 1), step on R ft. next to L ft. (ct. and), step diag. bkwd. L on L ft. (ct. 2), stamp R ft. next to L ft., taking no weight (ct. and).
6	Step to R on R ft. flexing knees (ct. 1), pause (ct. and), step on L ft. in place (ct. 2), stamp R ft. diag. fwd. R (ct. and).
7	Stamp R ft. fwd. (ct. 1), pause (ct. and), step bkwd. on L ft. (ct. 2), pause (ct. and).
8	Step bkwd. on R ft. (ct. 1), pause (ct. and), step bkwd. on L ft. (ct. 2), pause (ct. and).