

AKROVATIS

("ACROBAT")

GREEK Circle Dance

Choreographer: **Ira Weisburd** (2010)

Song: O Akrovatis by Miltos Pashalidis

Lyrics - Music: Dimitris Apostolakis

CD: "XENIOS, Crete within me"

Formation: Face Center. Hands– W Position.

Introduction: 32 counts. Start at approx.24 seconds.



Video: http://www.youtube.com/watch?v=_11_mNetY04

PART I. A. (R TO R, HOLD, TOUCH L TOE FORWARD, HOLD, L BACK, HOLD, R TO R, L ACROSS R)

- 1-2 Step R to R, hold
- 3-4 Touch L toe forward, hold
- 5-6 Step L back, hold
- 7-8 Step R to R, Step L across R

B. (R TO R, HOLD, L BACK, R TO R, STEP L ACROSS R, HOLD, LIFT R, HOLD)

- 9-10 Step R to R, hold
- 11-12 Step L back, Step R to R
- 13-14 Step L across R, hold
- 15-16 Lift R, hold

17-32 **REPEAT PART I. A. & B.** (Counts 1-16).

PART II. A. (CROSS, HOLD, BACK, SIDE; CROSS, HOLD, WALK 2)

- 1-2 Step R across L (bending slightly forward), hold
- 3-4 Step back on L (straighten up), Step R to R
- 5-6 Step L across R, hold
- 7-8 Step R to R, Step L across R

9-16 **REPEAT PART II. A.** (Counts 1-8).

B. (R TO R, HOLD, L BACK, MAKE 1/2 TURN R ON R; L TO L, HOLD, BACK, RECOVER)

- 17-18 Step R to R, hold
- 19-20 Step L behind R, Make 1/2 turn R on R (to face out of circle)
- 21-22 Step L to L, hold
- 23-24 Step R back, recover forward on L
- 25-32 **REPEAT PART II. B.** (Counts 17-24). (to face center of circle)

PART III. A. (FACE CCW: FORWARD, HOLD, BACK, RECOVER WITH R, THEN WITH L)

- 1-2 Step R forward, hold
- 3-4 Step back on L, Recover forward on R
- 5-6 Step L forward, hold
- 7-8 Step back on R, Recover forward on L

B. (FACE CENTER: R TO R, HOLD, BACK, RECOVER; L TO L, HOLD, BACK, RECOVER)

- 9-10 Make 1/4 turn L with R to face center, hold
- 11-12 Step L back, Recover forward on R
- 13-14 Step L to L, hold
- 15-16 Step R back, Recover forward on L

C. (ROCKING CHAIR WITH R, STEP R FORWARD, HOLD, TOUCH L TOE FORWARD, HOLD; L BACK, HOLD, WALK 2 STEPS)

- 17-18 Step R forward, Recover back on L
- 19-20 Step L back, Recover forward on R
- 21-22 Step R forward, hold
- 23-24 Touch L toe forward, hold
- 25-26 Step L back, hold
- 27-28 Step R to R, Step L across R

BEGIN DANCE.

Presented by Ira Weisburd
Camp Hess Kramer Institute
October 26-28, 2012