

# AL TIRA

Circle dance, facing in twd Ctr, hands joined or not, but down. If hands are not joined, they swing quite freely with movements. R footed dance.

*Styling: see bottom of page*

## PART I

- 1 R sway to side, around Ccw, crouching over.
  - 2 hold
  - 3 L sway to side, around Cw, crouching over.
  - 4 hold
  - 5 R } run fwd, around Ccw, facing Ccw, bent over fwd.
  - 6 L }
  - 7 (R) } tap toe in place, crouched over.
  - 8 (R) }
  - 9 R } run fwd, around Ccw, body high.
  - 10 L }
  - 11 L } hop to cross side, around Ccw, facing in twd Ctr, clicking heels in the
  - 12 L } middle of hop. [Alt: L,R,L,R four fast runs around Ccw, facing Ccw.]
  - 13 R } run fwd, around Ccw, facing Ccw.
  - 14 L }
  - 15 L } hop to cross side, around Ccw, facing in twd Ctr,
  - 16 L } clicking heels in the middle of hop.
- } repeating 9-12.
- 17-32: repeat.

## PART II

- 1 R(L) step hop in place, facing in twd Ctr.
  - 2 R swing L leg and arms forcefully up fwd.
  - 3 L } run in place, kicking free ft and swinging arms up back.
  - 4 R }
  - 5 L step
  - 6 R spring } fwd, twd Ctr.
  - 7 L step
  - 8 (R) stamp fwd, twd Ctr, turning simultaneously to face Cw.
  - 9 R stamp to side, in the same place as previous stamp.
  - 10 hold (or hop onto R toe in place.)
  - 11 L slide
  - 12 R close } to side, out from Ctr, beginning leap out from Ctr on third count.
  - 13 L slide }
  - 14 in air, turn CCW a three-quarter circle through out-from-Ctr and Ccw to face in twd Ctr.
  - 15 R } land in place, facing in twd Ctr.
  - 16 L }
  - 17 R,L } pas de bas right, around Ccw.
  - 18 R }
  - 19 L,R } pas de bas left, around Cw.
  - 20 L }
  - 21 R run to side.
  - 22 L run across over R, beginning leap.
  - 23 R land to side.
  - 24 L step across over R.
- } moving around Ccw.
- } reverse of PART III of HARMONICA.
- 25-32: repeat 17-24.

AL TIRA is a war dance, and a very forceful one. The two sways that begin PART I symbolize a sentry on lookout. The first 8 steps are very bound and tensely forceful. The second 8 are explosively free.