

Presented by Francisca Aquino

ALAHOY!

(Philippine Social Dance Mixer)

SOURCE: This dance introduced in the United States by Philippine dance authority Francisca Aquino. Please do not reproduce directions without her permission. These directions are condensed from her book on Philippine dances.

NOTE: In Philippine dance terminology, what is called a "two-step" in folk dance parlance, is called a "change step". Wherever you see the word "change - step" in these directions do a "two-step" (step-together-step).

RECORD: FOLK DANCER Philippine Series #MH 2028-A

FORMATION: Double circle, partners side by side facing counterclockwise, lady to Right of man.

COUNT: One, two; or one and two to a measure.

Pattern

- | Meas. | <u>Directions:</u> |
|-------|---|
| 4 | a) Partners join inside hands, free hands down at sides. Starting with Right foot, take two heel and toe change steps forward. (Heel and toe and step-together-step, twice) This is done moving counterclockwise. |
| 4 | b) Four change steps sideward, Right and Left, alternately. |
| 4 | c) Repeat (a) |
| 2 | d) Repeat Change steps sideward, Right and Left ONLY. |
| 2 | e) Release inside hands, say "Alahoy!" to partner and wave Right hands to each other. Man then moves up to the next Lady to his Left, moving counterclockwise. She will be his new partner. The Lady waits in place for the man to come to her. |

REPEAT THE ENTIRE DANCE FROM THE BEGINNING.