

ALAHOY
Philippines

Alahoy (Ah-lah-hoy) is a Philippine social mixer. The term has no literal meaning or translation. Rather it is an expression that could mean "Hello", but in this case it means "Good-bye" or "See you again." Bernardo T. Pedere learned this dance from Mrs. Francisca Reyes Aquino at the National College of Physical Education in Manila, Philippines. The dance was presented by Bernardo Pedere at the 1979 Idyllwild Workshop.

RECORD: MICO MX 862-B

FORMATION: Double circle of cpls facing LOD (CCW), W to R of M.
Inside hands joined at approx shldr level, elbows bent and down. Free hand down at side.

STEPS: Heel and Toe: Touch R heel fwd, toes turned out (ct 1), touch R toe to the rear (ct 2). In this dance, the joined hands move back (ct 1), and fwd (ct 2).

Change Step: (Two-step) - Step fwd on R (ct 1); step L near R (ct 2); step fwd on R (ct 3). Step alternates. Ftwk is the same for M and W.

MUSIC: 2/4

PATTERN

Meas.

- 1-8 INTRODUCTION: No action
- 1-2 Beginning R, dance 1 Heel & Toe Step and 1 Change Step fwd.
- 3-4 Repeat meas 1-2, beginning with L heel.
- 5-8 Begin R and do 4 Change Steps moving sdwd R,L,R,L.
- 9-12 Repeat meas 1-4.
- 13-14 Begin R, do 2 Change Steps sdwd R,L.
- 15-16 Drop inside hands. Say "ALAHOY" to ptr, waving R hands, as M move in LOD to W ahead walking R,L,R,L. W wait in place for new ptr. Repeat dance with new ptr.
- Repeat dance from beginning to end of music.

Presented by Vivian Woll
1979 Camp Hess Kramer Institute, Oct. 12-14, 1979