

ALAHOY  
(Philippines)

**SOURCE:** Alahoy (ah-lah-HOY) is a Philippine social mixer. The term has no literal meaning or translation. Rather it is an expression that could mean "Hello" but in this case it means "Good-bye" or "See you again". Bernardo T. Pedere learned this dance from Mrs. Francisca Reyes Aquino at the National College of Physical Education in Manila, Philippines.

**MUSIC:** Record: MICO MX 862 B 2/4 meter

**FORMATION:** Double circle of couples facing LOD (CCW), W to R of M. Inside H's joined about shldr level, elbows bent and down. Free H down at sides.

**STEPS:** Heel and Toe: Touch R heel fwd, toes turned out (ct 1); touch R toe to the rear (ct 2). In this dance, the joined H's move back (ct 1) and fwd (ct 2).

Change Step: (Two Step) - Step fwd on R (ct 1); step L near R (ct &); step fwd on R (ct 2). Step alternates. Footwork is the same for M and W.

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**Music:** 2/4

PATTERN

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**Meas.**

1-8 INTRODUCTION

1-2 Begin R, dance 1 Heel & Toe step and 1 change step fwd.

3-4 Repeat action of meas 1-2, but begin with L heel.

5-8 Begin R, do 4 change steps moving sdwd R, L, R, L

9-12 Repeat action of meas 1-4.

13-16 Drop inside hands. Say "ALAHOY" to ptr, waving R hands, as M move in LOD to W ahead walking R, L, R, L. W wait in place for new ptr. Repeat dance with new ptr.

Presented by Bernardo Pedere  
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