

LAS ALAZANAS

(Mexico)

Choreography by Dr. Lorenzo A. Trujillo.

Pronunciation: lahs ah-lah-SAH-nahs

Translation: Dance of the Showhorses

Record: Arcano DKL1-3251 LXXV Aniversario Mariachi Vargas de Tecalitlan; Arcano DKL1-3036 El Mejor Mariachi del Mundo B/2 (used in class); ASP Records 6004-A (45) 6/8 meter

Formation: M and W facing, M turned slightly to L, W to R. Wt on ML, WR, ball of MR, WL rests on floor in front of other ft. M clasp hands behind waist, W hold skirt above shldr ht with R hand, L arm bent with skirt held near waist. Upper body bent slightly fwd twd ptr.

Steps: Variations of traditional dance steps of Jalisco.

<u>Meas</u>	<u>Cts</u>	<u>Pattern</u>
1-4		<u>INTRODUCTION.</u> No action.
		<u>I. ALAZANAS SEQUENCE.</u> Ftwk given for M, W do opp., face to face with ptr.
	+	Step on ball of R
1	1	Fall on L with L knee bent.
	+2+3	Repeat cts +1 two more times.
	4	Step R
	+	Step on ball of L. } Can substitute steps on heel (M).
	5	Step on ball of R. }
	+	Step L.
	6	Step on ball of R. } Can substitute steps on heel (M).
	+	Step on ball of L. }
2	1	Step R.
	+	Step on ball of L. } Can substitute steps on heel (M).
	2	Step on ball of R. }
	+	Step L.
	3	Step on ball of R. } Can substitute steps on heel (M).
	+	Step on ball of L. }
	4	Stamp R. }
	5	Stamp L. }
	6	Stamp R. } Straighten upper body.
3-4		Repeat meas 1-2 omitting preparatory "+" ct.

LAS ALAZANAS (continued)II. ZAPATEADO BORRACHO (Face to face, moving side to side)

- Same ftwk for M and W.
- | | | |
|-----|------|-------------------------------------|
| | + | Scuff R heel to R. |
| 1 | 1 | Fall on R to R. |
| | + | Brush L toe diag bkwd. |
| | 2 | Drop R heel. |
| | + | Tap L toe behind R. |
| | 3 | Drop R heel. |
| | +4-6 | Repeat cts +1-3 with opp ftwk. |
| 2-3 | | Repeat meas 1 two more times. |
| 4 | 1 | Hop on L, extend R leg fwd. |
| | 2 | Leap onto R, extend L leg fwd. |
| | 3 | Leap onto L, extend R leg fwd. |
| | 4 | Step R across in front of L. |
| | 5-6 | Pivot on balls of both ft once CCW. |
| 5-8 | | Repeat meas 1-4. |

III. ALAZANAS SEQUENCE

- 1-4 Repeat Fig I.

IV. ZAPATEADO BORRACHO (Crossing to ptrs pos.)

- 1-4 Repeat Fig II., meas 1-4. Pass ptr by L side during meas 1-2 of pattern; curve in a circular path $\frac{1}{2}$ CCW to face ptr during meas 3; face ptr for meas 4.
- 5-8 Repeat meas 1-4 crossing back to original side.

V. ALAZANAS SEQUENCE WITH LEAP & CROSSOVER VARIATION

- Same ftwk for M and W.
- | | | |
|-----|---|---|
| 1-2 | | Repeat Fig I. through meas 2, ct 3. |
| 2 | 4 | Turn slightly L and pushing off from both ft, leap on R to R, extend L leg low to L side, changing places with ptr, passing face to face. |
| | 5 | Step L behind R) Continue turning L to complete |
| | 6 | Step R to R) $\frac{1}{2}$ turn to face ptr. |
| 3-8 | | Repeat meas 1-2 three more times. |

VI. SCUFF STEP

- Same ftwk for M and W.
- | | | |
|-----|-----|---|
| 1 | 1 | Turn body to face L, bend slightly fwd at waist, stamp L. |
| | + | Scuff R heel slightly in front of L, lift L heel. |
| | 2 | Lower L heel, straighten body, turn $\frac{1}{4}$ CW, R leg describes a bkwd circle. |
| | 3 | Scuff R heel fwd. |
| | 4 | Step R fwd.) |
| | 5 | Step L fwd.) Ptrs change sides, passing L shldr. |
| | 6 | Scuff R heel fwd. |
| 2 | 1-2 | Repeat meas 1, ct 1-2 with opp ftwk, except on ct 2 turn $\frac{1}{4}$ L (CCW). |
| | 3-6 | Repeat meas 1, ct 3-6 moving bkwd and completing $\frac{1}{2}$ turn CCW. |
| 3-4 | | Repeat meas 1-2 to return to original pos.
Floor pattern is a narrow rectangular path: |

