

1960 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Elsie Dunin

ALEXANDROVSKA

Russian

This is an old Russian Ballroom Dance for which no folk origin can be found.

- MUSIC:** Record: Kismet 129 or Imperial 1025 or any slow Russian Waltz phrased in an eight measure pattern.
Piano: Beliajus, Dance and B Merry, Vol. I.
- FORMATION:** Couples; partners facing with both hands joined and raised sideward shoulder high.
- STEPS:** Waltz*, Step-close. Steps are described for man; woman uses opposite hand or foot.

Music (3/4)

Pattern

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- | meas | I. BACK TO BACK |
|------|---|
| 1 | Starting with outside foot (man's L, woman's R) step sideward (ct. 1) close inside foot to outside (ct. 2,3). |
| 2 | Step to side with outside foot (ct. 1) release forward hands (man's L, woman's R), swing other joined hands forward bringing partners into back to back position (ct. 2-3), On the turn pivot on outside foot swinging inside hands forward; join other hands shoulder high. |
| 3 | Still back to back, step forward with inside foot (ct. 1) close outside foot to inside (ct. 2,3). |
| 4 | Step forward with inside foot again (ct. 1) pause, drawing foot almost to close. (ct. 2,3). |
| 5-8 | Still back to back repeat above in opposite direction. Note on Meas. 6 the joined forward hands are swung backward bringing partners face to face. |
| 9-16 | Repeat steps described for Meas. 1-8, Figure I. |
| | II. WOMAN TURN |
| 1-4 | Position: Partners facing, inside hands joined, outside on hips, woman turns under man's raised R arm. Man: step sdw. L (ct. 1), close R (ct. 2,3). Repeat three times pausing on last measure without closing R to L. If preferred, man may waltz forward for 4 measures.
Woman: Meas. 1--step sideward R (ct. 1), close L (ct. 2,3). Meas. 2--with same step make a complete turn to R under joined hands. Repeat this step. |

Continued...

Alexandrovskia (continued)

II. Woman Turn (cont'd)

- 5-8 Same as for Meas. 1-4 in opposite direction.
 9-16 Repeat steps described for Meas. 1-8, Figure II.

III. HANDS JOINED IN SKATING POSITION

- 1 Waltz forward.
 2 With one waltz step face in opposite direction turning in toward each other.
 3-4 Waltz backward for one Meas., then step R (ct. 1), raise (slightly) and point L (ct. 2,3).
 5-8 Repeat action for Meas. 1-4 in opposite direction, ending by pointing with R.
 9-16 Repeat steps described for Meas. 1-8, Figure III.

IV. COUPLE WALTZ (Closed position)

- 1 Step with outside foot (ct. 1), close (ct. 2,3).
 2 Step with outside foot (c. 1), pause drawing foot almost to close (ct. 2,3).
 3-4 Same in reverse direction.
 5-8 Turning and progressing forward with four waltz steps.
 9-16 Repeat steps described for Meas. 1-8, Figure IV.

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