

ALEXANDROVSKYA
(Russia)

Record: Kismet 1294 (An old-time Russian ballroom dance).

Formation: Couples facing with both hands joined and extended side-ward shoulder high. M faces CCW. Opposite feet.

I. To center, face to face & back to back, returning back to back & face to face:

Start M's L and W's R, step sideward toward center, ct. 1; close other foot, cts 2-3.

Step again to center, M L & W R, ct 1; release hands (M's L and W's R), swinging other hands still joined forward to bring couple into back to back position, at the same time swinging free legs through between couple, cts 2-3. Rejoin other hands shoulder high.

Now back to back, step to center (M step R & W step L), ct 1; close other foot, looking over shoulder toward drawing foot, cts 2-3. Step again to center, M's R & W's L, ct 1; draw free foot up, cts 2-3.

Still back to back, step out of center, M's L & W's R, ct 1; close other foot, cts 2-3. Step again, M's L and W's R, ct 1; release M's R and W's L hand as other hands are swung backwards to bring couple face to face, cts 2-3; rejoin hands.

Step away from center, M's R and W's L, ct 1; close other foot; cts 2-3. Step away from center again, M's R and W's L, ct 1; draw free foot up, cts 2-3.

Repeat all of fig. I (to center, back to back, & Out, etc.)

II. Step-draw & Lady turn:

M's back to center, inside hands joined, free hands on hips with elbow fwd & fist clenched. M step sideward L, ct. 1; close R, cts 2-3. Repeat 3 more times to L. Lady turns R under M's R arm, step R, ct 1; close L, cts 2-3. (complete turn in one measure; then step R sdw. and close L.)

Repeat turn and step-close 1 more time to W's R.

Repeat action described above to M's R, W turning L.

Repeat all of fig. II (to M's L and again to M's R).

III. Hands joined in skaters' position (R over L), facing CCW.

Start M's L and W's R foot, waltz forward CCW one waltz step, turning with one waltz step (M start R & W L) toward each other to face opposite direction. Take one waltz step bwd (still CCW in circle), M L & W R. M step R back and point L, W step L back and point R.

Repeat action described above, starting again M's L & W's R. End facing in original direction.

Repeat all of figure III.

IV. Couple Waltz.

Closed position, M's back to center. M step sdw. L, ct 1; close R, cts 2-3. W same, opposite feet. Repeat step-close to M's L. Dance two step-close to M's R.

Couple turn CW, progressing CCW with 4 waltz steps.

Repeat step-close to M's L & R.

Repeat couple waltz, ending in original position with out-stretched arms to repeat all of dance.