

ALSONEMED (COUPLE DANCE)  
(Hungarian Dance from Pest County)

Source: Music and dance from original ethnic sources collected by Alice Reisz.  
Music: Melody A - 4/4 3 x 9 meas; Melody B - 4/4, 2 x 8 meas; Melody C - 4/4, 5 x 8 meas. Music arranged by Roland Klamarik: record is custom made. Folk Festival FF - 3301. "Dances of Hungary."  
Formation: Any desired number of couples. Melody A danced by M alone; B and C by couples.

- | <u>Meas.</u>   | <u>Pattern</u>   |
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| <u>Melody A</u> <u>Men's Entrance</u>                        |  |
| 9  | (1.) <u>Step, step, stamp, swing.</u> M enter from stage L in single file, Hs clasped in bk. Begin R ft, step R, L, stamp R incline body fwd as L lower leg kicks to rear, swing L leg fwd. Repeat same 4 cts beginning L ft. Alternate step pattern through melody A. First M leads line across stage and into CCW circle. (Diagram A).                 |
| 4  | (2.) <u>Csardas with stamp.</u> M clasp each other's shoulders and do 2 step csardas 4 times: step R side close L, step R close L with stamp; reverse to L; repeat R and L. Each step is accompanied by brisk knee extensions (Diagram B).   |
| 5  | (3.) <u>Alternate heel clicks.</u> Feet in slight std pos. Rising on R ft, bring L heel sharply to R; step L and click with R heel. Heels do not touch ground during this step: click on each beat of the music.   |
| 9  | (4.) <u>Cross leap, step, step.</u> Moving the circle to L, do the following step through entire melody, opening into line by 9th meas. Leap onto R ft in front of L, quick L R in place; reverse, leap L, quick R, L. Continue alternately. (Diagram C).  |
| <u>Melody B</u> <u>Women's Entrance: Men's clapping step</u> |  |
| 8  | (5.) <u>M step:</u> clap Hs directly in front, slap L boot with RH, L arm raised high; repeat clap, slap L boot, R arm high. Continue alternately (Diagram D).   |
|  | (5.) <u>W step:</u> W enter from L, side by side, arms around each other's waist, leading W RH on hip: move across stage to pos in front of each M, turning R to face him on final meas. Take 2 csardas steps R; R, together, R, close without taking L wt; now swing L lower leg to L, step L and swing R leg to R and close both feet, hold one count. |
| 8  | (6.) <u>One step Csardas</u> Couples now face each other, assume shoulder-waist pos. Alternate couples progress fwd. M start R, W L: step R fwd, touch with L, step L fwd, touch with R. This is accompanied by brisk knee action and slight body sway. Continue through melody, releasing W to M R on final meas. (Diagram E, F).                       |
| <u>Melody C</u> <u>Couple Dance</u>                          |  |
| 8  | (7.) <u>Leap, step, step around M.</u> M will perform step in place as the W dances around circling him twice and finishing on 8th meas; facing him, holding Hs. Begin with light leap onto R ft and two quick   |

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Meas.	Pattern
8	(8.) <u>Cut, Swing</u> . Ptrs facing, prepare for step by short R ft swing fwd, displace L ft, swing L ft fwd; repeat, L cut, R swing; continue alternately. W does counterpart. (Diagram H).
8	(9.) <u>Csardas with Toe, Heel, Close</u> (assume shoulder-waist dance pos). Moving to M L, do a 2-step csardas, L together L close; hop on R with sharp L tow inward, hop on R with L heel inward, jump to closed pos; reverse; repeat to L and R.
8	(10.) <u>Promenade Turn</u> Retain csardas dance pos and circle to L 8 cts, R 8 cts; repeat. The step is in vibration style. (Diagram I).
8	(11.) <u>Csardas Turn</u> (dip style). This is a fast swirling "RIDA" csardas with a pronounced up and down accent, taking the beat <u>on the outside ft</u> (contrary to our buzz turn). On ct 1 rise on ball of L ft, on ct 2, drop on full R ft. Continue turning CW, keeping inside R ft close to ptr's; on final meas open to side by side pos, outside arms raised high.

--presented by Alice Reisz

--notations prepared with assistance of Cecilia Szakacs

