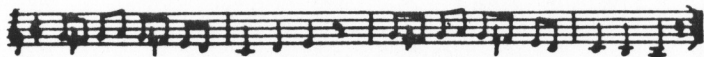


ALUNELU

Alunelu alunelu
Hai la joc
Să ne fie
Cu noroc!

Cine-n horă o să joace
Mare mare
Se va face
Cine n'o juca de fel
Va rămâne mititel.

Joacă joacă tot pe loc
Să răsără busuioc
Joacă joacă tot așa
Joacă și nu te lăsa.



Music & Lyrics: Traditional
Adapted & Arranged by D. Seltzer

ALUNELU

Let's dance,
Let's all have fun
And be gay!

Whoever will dance
Will grow strong and tall,
Those who won't dance
Will stay weak and small.

Dance, oh dance on this ground
Until the grass grows,
Dance, oh keep dancing,
Never stop or slow down!

ALUNELU (Rumania)

Some folk-dancers call this the "count-down" dance, because in each succeeding part the step-count lessens: step five and stamp two, step three and stamp one, step one and stamp one...

Formation: Circle dance without partners; arms on neighbors' shoulders.

- Part One
- 1--2 Traveling ccw, step R, cross L behind, step R, cross L behind, step R, and stamp L twice. Pause.
 - 3--4 Do same action moving cw, starting with L, and stamping with R at end.
 - 5--8 Repeat action of 1--4.
- Part Two
- 1--2 Traveling ccw, step R, cross L behind, step R, and stamp L once. Do this moving cw, starting L, and stamping with R.
 - 3--4 Repeat action of 1--2.
- Part Three
- 1--2 Step R, stamp L. Step L, stamp R. Step R, stamp L twice. Step L, stamp R. Step R, stamp L. Step L, stamp R twice.
 - 3--4 Repeat action of 1--2.