

Alunelul - Romania

Dance introduced
by: Larisa Lucaci

Formation: Insert Formation

Starting arm
position: Line

Meter: 2/4

Steps used Stamp

Other notes

Measure	Count	Step
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Part I

1	1-2	Step on R foot to R (1), step on L foot behind R (2).
2	1-2	Repeat measure 1.
3	1-2	Step on R foot to R (1), stamp L foot (2).
4	1-2	Stamp L foot (1), hold (2).
5-8		Repeat measures 1-4 with opposite footwork and in opposite direction.
9-16		Repeat measures 1-8.

Part II

1	1-2	Step on R foot to R (1), step on L foot behind R (2),
2	1-2	Step on R foot to R (1), stamp L foot (2).
3-4		Repeat measures 1-2 with opposite footwork and in opposite direction.
5-8		Repeat measures 1-4.

Part III

1	1-2	Step on R foot slightly to R (1), stamp L foot (2).
2		Repeat counts 1-2 with opposite footwork and in opposite direction.
3	5-8	Step on R foot to R (1), stamp L foot (2).
4		Stamp L foot (3), hold (4).
5-8		Repeat counts 1-8 with opposite footwork and in the opposite direction.

Alternative step for Part II

- | | | |
|-----|-----|---|
| 1 | 1-2 | Leap on R foot to R (1), stamp L foot (2). |
| 2 | 1-2 | Stamp L foot (3,) hold (4). |
| 3-4 | | Repeat measures 1-2 with opposite footwork and in opposite direction. |
| 5-8 | | Repeat measures 1-4. |

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Revised December 15, 2003