

ALUNELUL VAIDEENI
(Romania)

This dance was introduced in Holland by Theodor Vasilescu. Sunni Bloland learned it from Marius Korpel in Schiedam, June 1984.

The dance comes from Oltenia, Romania

Pronunciation: ah-loo-NEH-loo vigh-day-AY-nee

Cassette: NOROC-SLC 6-84 Side A/9; NOROC-SLC 6-84/85

12/8, 8/8 meter

Formation: Mixed closed circle, hands joined in "W" pos.

<u>Meas</u>	<u>Pattern</u>
4 meas	<u>INTRODUCTION.</u> No action
(12/8)	<u>A. Two-step and Stamp</u>
1	Facing ctr, moving slightly diag fwd R, step on R (ct 1); step L to R (ct 2); step fwd on R (cts 3-4); stamp L in place (cts 5-6). Repeat cts 1-6 with opp ftwk and direction (cts 7-12).
2	In place, step on R (ct 1); stamp L (ct 2); step on L (ct 3) stamp R (ct 4); moving fwd twd ctr, step on R (ct 5); step on L across in front (ct 6); step on R (ct 7); step on L to L (ct 8); step on R (ct 9); step on L across in front (ct 10); step R (cts 11-12).
3	Moving RLOD, step on L (cts 1-2); step on R (cts 3-4); step on L (cts 5-6); step on R to L (cts 7-8); step on L (cts 9-10); hold (cts 11-12).
4-6	Repeat meas 1-3.
(8/8)	<u>B. Two-step and Lunge</u>
1	Moving twd ctr, step on R (cts 1-2); step on L (cts 3-4); step on R (ct 5); step L to R (ct 6); accentuated lunge onto R ft (cts 7-8). (SSQQS).
2	Shout "una!" as you step bkwd on L (cts 1-2); step fwd on R (ct 3); close L to R (ct 4); accentuated lunge fwd on R (cts 5-6); shout "Doua!" and step back on L (cts 7-8). (SQSS).
3	Moving fwd, step on R (ct 1); step L to R (ct 2); accented lunge fwd on R (cts 3-4); shout "trei!" and step bkwd L turning 180° CCW in place (cts 5-6); shout "Haida!" and hop on L, lifting R knee in front (cts 7-8).
4	Moving fwd, twd outside of circle, step on R heel (ct 1); step L to R (ct 2); step on R (cts 3-4); step on L heel (ct 5); step R to L (ct 6); step L (cts 7-8).
5	Facing out of circle, step sdwd on R, twisting slightly to L (cts 1-2); stamp L to R (cts 3-4); repeat cts 1-4 with opp ftwk and direction (cts 5-8).
6	Still facing out of circle moving sdwd R (RLOD), step on R (cts 1-2); step on L across in back (cts 3-4); step on R (cts 5-6); stamp R to R (cts 7-8).
7	Moving bkwd twd ctr, step on L (cts 1-2); in preparation to turn, step on R (cts 3-4); with an accented two-step L,R,L turn to face ctr (cts 5,6,7,8).

ALUNELUL VAIDEENI (Continued)

- 8 Moving bkwd twd outside of circle, step on R (cts 1-2);
step on L (cts 3-4); with ft together, jump, landing with
knees bent (cts 5-6); push off (leap) R ft to land on L
(cts 7-8), ready to start dance from Part A.

Repeat dance from beginning.

Presented by Sunni Bloland