

ALUNELUL VAIDEENI  
(Alunelul Vi-day-eny)

This dance was introduced in Holland by Theodor Vasilescu. Sunni Bloland learned it from Marius Korpel in Schiedom, June, 1984.

Origin: Oltenia, Romania

Cassette: NOROC-SLC 6-84

Music: 12/8 & 8/8. Four Measures of introduction.

Formation: Mixed closed circle, hands held in "W" position

Measure	Pattern
12/8	Part A. Two-step & Stamp
1	Facing center moving slightly diagonally fwd. R, step R (ct. 1), step L to R (ct. 2), step fwd. R (cts. 3-4), stamp L in place (cts. 5-6). Repeat cts. 1-6, opp. ftwk. & direction (cts. 7-12).
2	In place, step R (ct. 1), stamp L (ct. 2), step L (ct. 3), stamp R (ct. 4), moving fwd. to center, step R (ct. 5), step L across in front (ct. 6), step R (ct. 7), step L to L (ct. 8), step R (ct. 9), step L across in front (ct. 10), step R (cts. 11-12).
3	Moving RLOD step L (cts. 1-2), step R (cts. 3-4), step L (ct. 5-6), step R to L (cts. 7-8), step L (cts. 9-10), hold (cts. 11-12).
4 - 6	Repeat meas. 1-3.
8/8	Part B. Two-step & Lunge
1	Moving to center, step R (cts. 1-2), step L (cts. 3-4), step R (ct. 5), step L to R (ct. 6), accentuated lunge onto R (cts. 7-8). (SSQQS)
2	Shout "una!" as you step bkwd. L (cts. 1-2), step fwd. R (ct. 3), close L to R (ct. 4), accentuated lunge fwd. R (cts. 5-6), shout "doua!" & step bk. L (cts. 7-8). (SQQSS)
3	Moving fwd. step R (ct. 1), step L to R (ct. 2), accented lunge lunge fwd. R (cts. 3-4), shout "trei!" & step bkwd. L turning 180° CCW in place (cts. 5-6), shout "Haida!" & hop on L lifting R knee in front (cts. 7-8).
4	Moving fwd. towards outside of circle, step R on heel (ct. 1), step L to R (ct. 2), step R (cts. 3-4), step L on heel (ct. 5), step R to L (ct. 6), step L (cts. 7-8).
5	Facing out of circle, step sdw. R twisting slightly to L (cts. 1-2), stamp L to R (cts. 3-4), Repeat cts. 1-4, opp. ftwk. & direction (cts. 5-8).
6	Still facing out of circle moving sdw. R (RLOD), step R (cts. 1-2), step L across in bk. (cts. 3-4), step R (cts. 5-6), Stamp R to R (cts. 7-8).
7	Moving bkwd. twds. center, step L (cts. 1-2), in preparation to turn, step R (cts. 3-4), with an accented two-step, L R L, turn to face center (cts. 5, 6, 7, 8).
8	Moving bkwd. towards outside of circle step R (cts. 1-2), step L (cts. 3-4), with feet together, jump landing with knees bent (cts. 5-6), push off (leap) R ft. to land on L (cts. 7-8), ready to start dance from Part A.

Repeat dance from beginning.

Sunni Bloland  
KF '85