

ALUNELUL CA LA SADOVA
(Oltenia, Romania)

SOURCE:

learned by Nicholas in the fall-winter of 1981
in Romania on a grant from the Canadian Govt.

ONUNCIATION:

Ah-loo-NEHL-loo/ coh lah sah-DAW-va
ELECTROCORD SINC B BAND 5

MUSIC:

FORMATION:

Circle dance, hands held down "V" pos

STYLE:

METER:

2/4

(counted here as 1,2,3,4)

PATTERN

Meas

Introduction: 32 counts

(16 MEAS)

PART A:

Hands held down, facing ctr

1

Bounce

Hop on L (&); step R beside L (ct 1); step L over R (ct 2); step R
on spot (ct 3) step L to replace R while R kicks fwd (ct 4)

2

Step R fwd (cts 1-2); kick L fwd (ct 3); *Bounce* hop on R (ct 4)

3

Step bk on L (ct 1); cross R over L (ct 2); step bk on L (ct 3);

Bounce

hop on L (ct 4)

4

Rpt meas 3 with opp ftwk

5-8

Rpt meas 1-4 with opp ftwk

PART B:

*Flat-footed, small ft-work - heavy feeling - body follows
movement of*

Facing ctr, travelling CCW

1

Step R to R (ct 1); step L over R (ct 2); step R to R (ct 3);
step L beside R (ct 4)

2

Step R to R (ct 1); step L over R (ct 2); step R to R (ct 3);
Bounce hop on R (ct 4)

3

Step L to L (ct 1); step R over L (ct 2); step L on spot (ct 3);
Bounce hop on L (ct 4)

4

Rpt meas 3 with opp ftwk

5-8

Rpt meas 1-4 with opp ftwk

PART C:

1

Step on ball of R ft in front of L (ct 1); step L on spot (ct 2)
step on ball of R ft behind L (ct 3); step L on spot (ct 4)

2

Step on ball of R ft beside L (ct 1); step L on spot (ct 2) step
on ball of R ft (ct 3); step L on spot (ct 4)

3

Step on ball of R ft (ct 1); step L on spot (ct 2); step R beside
L (cts 3-4)

4

Scuff floor as L swings fwd (cts 1-2); scuff floor as L swings bkwd
(cts 3-4)

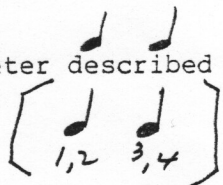
Step L bk (ct 1); step R beside L (ct 2); step L bk (cts 3-4)

Count

ALUNELUL CA LA SADOVA (cont'd)PART C: (cont'd)

- 6 Step R fwd (ct 1); step L beside R (ct 2); step R fwd kicking L
fwd ~~with straight leg~~ *then lift knee* (cts 3-4)
- 7 Leap onto L (ct 1); *drop on* step R in front of L turning ~~to face RLOD~~ *and bending R shldr twof etc.* (ct 2);
step L to L (ct 3); close R to L (ct 4)
- 8 Step L to L (ct 1); close R to L (ct 2); step L to L turning to
face ctr (cts 3-4)
- 9-16 Rpt meas 1-8

2/4 Meter described as



A	B	C	A	B	C
2x	2x		2x	2x	