

FOEHRINGER KONTRA

GERMAN M 115

This is a traditional dance from Wyck on the little North Sea Island of Foehr. It is a typical quadrille, so the name "contra" is misleading. (Full descr. and piano music in German Folk Dances)

Formation: 4 couples in a square
 Action: Introduction: Bow to your partner, bow to the corner, join hands in a circle. First tour (Figure) Circle left with 8 step-hops (or "hop-steps"). Then circle right.
 Chorus: 1 Pushcart Partners face each other and join both hands. They go 4 step-hops counter-clockwise to the position of the next couple (she backward, he forward), and turn back to back. Joining hands with the corner person there, return with same action to original places. This action is repeated once. Swing joined bands together (count 1 and 2) and away from each other (count 3 and 4)etc.
 2. Grand Right and Left. with running steps. When partners meet the first time, they pause briefly and bow. The bow again at the end.
 3. Arming Partners hook right arms and swing around each other with running steps, clapping hands once on last beat. Repeat with left arm hook. Free hands on hip.
 SECOND TOUR Girl's Round. The girls walk around inside the circle, hands on hips, 16 steps clockwise to original position.
 C H O R U S A S A B O V E .
 Third Tour Men's round. Same as girl's except that they start clockwise then go counter-clockwise. CHORUSE AS ABOVE.

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ALFELDER

GERMAN M 115

This is a traditional folk game from the little town of Alfeld near Hannover in Germany. It is here described for the first time.

Formation: Trios in a line, boy in the middle and a girl on each side of him, one trio facing clockwise and one counter-clockwise, around a large circle (like "Come Let us Be Joyful" or "Red River Valley in 3's")
 Action: A. Circle 6 (people) clockwise 8 steps, 8 steps back to place, and fall back in line.
 B. The men hook right elbows and walk around each other 4 steps; meet own left girl with right elbows and turn 4 steps; back in line in 4 steps.
 C. (Same music as B). Bow to opposite trio - equivalent of 4 steps then all trios, in lines with hands joined, pass their opposite trio by going to the right (As in Red River Valley) in 8 steps. Bow to new opposite trio - equivalent of 4 steps.

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AT THE INN " TO THE CROWN"

GERMAN M 115

This is set to the music of a German folk song about Catherine's wedding at the Jolly Inn "To the Crown". The piano music and full directions are in German Folk Dances mentioned earlier.

AT THE INN " TO THE CROWN" Cont'd

- Formation: Couples in a double circle, men inside, girls outside.
- Action: INTRODUCTION: Partners join hands. Man leads girl to stand opposite him and both bow.
- A. Partners clap own hands, clap left on left, right on right, then both hands across (one meas. each) Then they join hands and circle left with 4 waltz steps (for each waltz meas. step long-short-short) REPEAT Clapping and turning.
- B. Waltz forward. They join right hands and she turns with 4 waltz steps under his right arm twice around, both moving forward around the big circle counter-clockwise. (She turns clockwise) He takes 4 small waltz steps forward while she is turning. They join both hands and circle left with 4 waltz steps as in A. REPEAT ALL OF B.
- C. Both join inner hands and while doing the waltz step forward swing them forward (first meas.) and backward (second meas.) then swing them forward again, letting go and completing the turn, he counter-clockwise and she clockwise, away from each other (third add fourth meas.) Join hands to do this again three more times. The last time turn only half around facing in the opposite direction (Clockwise). Music repeats and so does action C. (into opposite direction).

To make this one progressive; Man moves ahead (as "A" music starts again) to the next girl and repeats action with her.

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JAGERQUADRILLE (Hunter Quadrille)

- Music: German Folk Dance, published in German Folk Dances Vol I by Paul Dunsing.
- Record: Rondo Record RFD 10 A

This dance originated in the Ammerland in northern German. There is little doubt that the word "quadrille" was put to it much later just to be in keeping with the practice of the time to use French nomenclature. The dance is not a square by any stretch of the imagination and was originally called "Jagerneumer" (Hunters Nine) It is assumed that the word "Jager", (hunter) was put to it because of the hunt motive in the music.

- Formation: A set of three rows - one behind the other - faces forward. In each row stands one man and two women in open hold.

FIRST TOUR

- A. Meas. 1-8 Bwd. All three dance hop steps backward, beginning to hop on left The free leg always swings slightly forward.
1-8 (repetition) The same forward.
- B. Meas. 9-16 (with repetition). "Hunter" step. All face the center dancer. He faces the R W of the first row and both dance "Hunter" steps, A "Hunter" step is essentially a hop step in place. On the first beat bounce off the floor left and swing the free right foot lightly forward tapping the floor: on the second beat bounce off the floor with both feet together; then bounce off the right and swing the left forward for the tap; then bounce off with both feet