

# An Dro

(France)

This dance is very popular in the regions of Nantes and Vannes in Bretagne (Brittany) France. This particular version was observed by a group of folk dancers from Montreal who spent three weeks in Brittany learning folk dances as part of a special cultural exchange programme.

Pronunciation: ahn droh

Record: EXPRESS

2/4 meter.

Formation: Mixed open circle with leader at L end. Little fingers interlocked ("pinky" hold). Hands fwd of body at waist level, with forearms parallel to floor, and parallel to neighbors'; care should be taken that dancers in the circle remain close together, but not bumping. All face very slightly L of ctr of hall.

Style: Light and bouncy and bouyant. Mostly on the balls of the ft, with free ft brought up sharply 4 to 8" off the floor. The line moves constantly RLOD.

## Meas

## Pattern

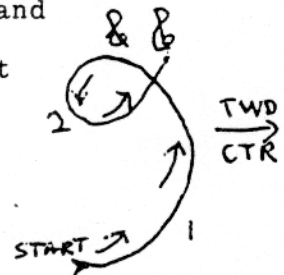
Dance only takes two meas of music to perform; these are repeated throughout the dance. There is no introduction; leader may start at the beginning of any musical phrase.

### FOOTWORK.

- 1 Step fwd L slightly L of ctr on ball of ft (ct 1); close ball of R to side of L heel (ct &); still moving slightly L of ctr, step fwd L on flat of ft to produce a small accent (NOT a stamp), bringing R ft up sharply behind (ct 2); hold (ct &).
- 2 Maintaining same body pos, moving either straight bkwd or slightly RLOD, step bkwd R (ct 1); close ball of L along, but slightly fwd of R (ct &); step bkwd R with slight accent, at same time bring L ft up sharply in back (ct 2); hold (ct &).

### HAND AND ARM WORK. (Simultaneous with FOOTWORK above).

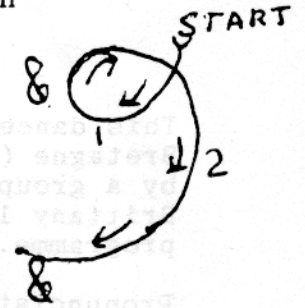
- 1 Push fwd and upward with emphasis in a circular motion (ct 1); loop hands upward and twd body to continue large arc (ct &); continue looping hands down and fwd (ct 2); raise hands up and fwd to complete a small loop, ending the loop about shldr height (ct &).



*continued.*

AN DRO (continued)

- 2 Exact reverse trace of path of hands and arms as in meas 1, except at the end (ct &): Pull hands down and twd body to begin a small loop (ct 1); raise hands up and start them fwd to continue loop (ct &); push hands fwd and down with emphasis in a larger arc (ct 2); pull hands bkwd twd body so that the forearms are parallel to the floor (and to neighbors') and elbows have moved as far back as comfortable -- hands will come back almost to the waist (ct &).



Throughout the dance, the forearms remain parallel to neighbors' forearms; do NOT let elbows become separated.

Notes by Bev Wilder.

Presented by Yves Moreau

