

1973 CALIFORNIA STATE UNIVERSITY, SAN DIEGO
FOLK DANCE CONFERENCE

Presented by Bernardo T. Pedere

AN MAROL

AN MAROL (ahn-mah- ROHL) meas "the sampaguita", a delicate blossom which is the official flower of the Province of Leyte, Philippines. Its sweet fragrance makes it a favorite for making garlands. Guests and visiting official dignitaries are usually welcomed with garlands of marol leis.

This dance was discovered in the town of Burauen, Leyte province, through the research of Bernardo T. Pedere and his sister, Mrs Gregoria P. Ignacio. According to legend a young man from Burauen went to Barrio Talalura, a village in a neighboring town of Tanauan for adventure. While there he met a young lady and fell in love with her. The young lady seemed to reciprocate his love but when the parents knew about their relationship they objected and prohibited her from seeing him.

The young man became frustrated and left the place for home. His love for the young lady was so intense that he could not forget her. He then composed a song for her and called it AN MAROL, where he compared her to the sweet-scented sampaguita flower. The song became very popular and the old dance lovers of Burauen created a dance in 1892 using AN MAROL for accompaniment. The dance depicts the opening and closing of the petals of the sampaguita (marol) flower.

COSTUME: Any old styled Filipino costume. W wears a garland of white flowers. In the old traditional way, W wears a handkerchief hanging at the R side of her waist. W then uses this instead of the more popular garland.

MUSIC: RECORD: Villar Records 4.2452 A, 45 rpm

FORMATION: In sets of two pairs. W stands at R side of ptr when facing audience. Ptrs are about 6 ft apart. (See diag a)
One to any number of sets may participate in this dance.

X → 1 ← 0

X → 2 ← 0

(a)

X → 1 → 0

X ← 2 ← 0

(b)

X → 1 ← 0

X → 2 ← 0

(c)

3/4 meter

PATTERN

- 1 INTRODUCTION: Music introduction--Ptrs face each other (Diag a) Begin R, 2 steps fwd to meet ptr at center, arms down at sides (cts 1,2) step R close to L and face front and at the same time place R hands at R side of waist of W and join L hands in front at head level (ct 3).

- 2-3 Step L fwd (ct 1) raise R knee in front (cts 2,3). Repeat beginning R (cts 1,2,3). Pos of hands as in meas 1 on ct 3.
- 4 Face each other and put ft together. Arms down at sides (cts 1,2,3)
- 5 Step R bwd bend trunk fwd and at the same time bend R knee as in curtsey, W hands hold skirt, M hands on waist (cts 1,2,3)
- 6 Repeat meas 1, stepping L bwd (ct 1 with hold), close R to L, trunk erect and arms down at sides (cts 2,3).

FIG I- PTRS FACE EACH OTHER

- 1 Begin R, 3 steps swd R. W arms down at sides, M arms in lateral pos at L side, fist loosely closed, thumbs sticking out, knuckles up (cts 1,2,3.)
- 2 Stamp L close to R, W arms in 4th pos, R arm high. M turns fists so that thumbs point upward. (ct 1) Raise L knee in front, same pos of arms (cts 2,3)
- 3-14 Repeat meas 1-2, six more times, L & R alternately. Reverse pos of arms every two meas, swd L & R alternately.
- 15-16 Begin L, 4 steps fwd to ptrs place, passing by L shldr (cts 1,2,3,1) turn CCW and step L close to R (cts 2,3). Arms down at sides.
- 17-32 Repeat meas 1-16. Finish in orig pos.

FIG II.

Throughout this fig W clasps hands at back of waist, palms facing out. M arms as in Fig I. Ptrs face each other

- 1-3 Begin R, 3 step-swings fwd to ptrs place, passing by L shldr. The knee of free ft is raised across the thigh of the other ft. M moves arms swd L & R alternately.
- 4 Step L fwd to ptrs place (ct 1) turn CW and close R to L (cts 2-3) Arms down at sides.
- 5-8 Repeat meas 1-4 going to orig pos.
Repeat meas 1-8 three more times. Finish in orig places.

FIG III

Ptrs face each other. Throughout this figure, W holds skirt. M places hands on waist.

- 1-2 Begin R, 3 steps fwd to be in one line with ptr at ctr by L shoulders (cts 1,2,3). Close L to R (cts 1,2,3)
- 3-4 Stamp L across R in front (cts 1,2) step L close to R (ct 3). Stamp R across in front of L (cts 1,2) close R to L (Ct 3)
- 5-6 Begin R, 3 steps fwd to ptrs place (cts 1,2,3). Turn CCW (ct 1) close L to R (cts 2,3)
- 7-8 Repeat meas 3-4
- 9-16 Repeat meas 1-8. Finish in orig places.
- 17-32 Repeat meas 1-16

FIG IV (See diag b)

All face twd next corner going CW. As the steps are being done, dancers travel from corner to corner going CW (That is M 1 goes to place of W 1, W 1 to place of W 2, W 2 to place of M 2, M 2 to place of M 1 and so on until all are in orig places.)

- 1-2 Begin R, 3 steps fwd to 1st corner of each dancer (cts 1,2,3)
W 1 and M 2 turn CCW to face ptr. M 1 and W 2 step L close to R (ct 1) pause (cts 2,3). Arms down at sides.
- 3-4 Step R behind (ct 1) bend trunk slightly fwd, bend R knee. M hands on waist knuckles up, W holds skirt and spread out at sides (cts 1,2,3). Close R to L, trunk erect (cts 1,2,3)
- 5-16 All face LOD (CW) with W 1 and M 2 making a turn CCW, Repeat meas 1-4, three more times until all are in orig places.

FIG V (See diagram c)

All face center of set.

- 1-2 Begin R, 3 steps fwd to center (cts 1,2,3). Close L to R (cts 1,2,3). Arms down at sides.
- 3 Point L in front, bend trunk twd L ft. R arm overhead, L arm down in front, palm up (Cts 1,2) step L close to R, trunk erect, bring hands close to each other as in 1st pos but R elbow up (ct 3).
- 4 Repeat meas 3, pointing with R ft. Reverse pos of arms. Do not put wt on (ct 3).
- 5-8 Repeat meas 1-4, moving bwd in meas 5-6, to orig places.
- 9-12 Repeat meas 1-4
- 13-15 Join R hand and form a R star, L arm overhead. Begin R, 3 big waltz steps moving around CW and finishing in orig places. Move L arm inward and outward overhead alternately.

FIG VI - Ptrs face each other

- 1-2 Begin R, 3 steps fwd to meet ptr at center (cts 1,2,3). Close L to R with W putting wt on L. W takes off garland.
- 3-16 Waltz sdwd, twd and away from audience alternately (W-R & L alternately and M - L & R alternately) 12 times. W holds garland with R hand at head level and swaying it from R to L side alternately, L hand holding skirt. M extends hands in front, palms up, moving sdwd R & L alternately, (in same direction of the movement of the garland as if trying to catch it).
- 17-18 Begin R, 4 steps bwd to orig places (cts 1,2,3,1). Close R to L (cts 2,3).

FIG VII Ptrs face each other

- 1-14 Repeat FIG I, meas 1-2
- 15 Begin R, 3 steps obliquely fwd L to meet ptr at center. Arms down at sides.
- 16 Face front. Step L close to R. Hold hands in same pos as in

FIG IV (See diag. b)

All face twd next corner going CW. As the steps are being done, dancers travel from corner to corner going CW (That is M 1 goes to place of W 1, W 1 to place of W 2, W 2 to place of M 2, M 2 to place of M 1 and so on until all are in orig places.)

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- 3-4 Step R behind (ct 1) bend trunk slightly fwd, bend R knee. M hands on waist knuckles up, W holds skirt and spread out at sides (cts 1,2,3). Close R to L, trunk erect (cts 1,2,3)
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All face center of set.

- 1-2 Begin R, 3 steps fwd to center (cts 1,2,3). Close L to R (cts 1,2,3). Arms down at sides.
- 3 Point L in front, bend trunk twd L ft. R arm overhead, L arm down in front, palm up (Cts 1,2) step L close to R, trunk erect, bring hands close to each other as in 1st pos but R elbow up (ct 3).
- 4 Repeat meas 3, pointing with R ft. Reverse pos of arms. Do not put wt on (ct 3).
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FIG VII Ptrs face each other

- 1-14 Repeat FIG I, meas 1-2
- 15 Begin R, 3 steps obliquely fwd L to meet ptr at center. Arms down at sides.
- 16 Face front. Step L close to R. Hold hands in same pos as in

introduction, meas 1 on ct 3.

FIG VIII Face front.

Same pos of hands as in FIG VII, meas 16.

- 1-12 Begin R, 12 step-swings sdwd R & L alternately. Ptrs look at each other,
- 13-14 Hands still joined, W executes a 3-step turn CW in place passing under arch of L hands. Finish facing front, with arms crossed L over R.
- 15-16 Step inside ft bkwd (ct 1), bow to audience, bend knee of inside ft (cts 2,3). Close inside ft to outside ft, trunk erect (cts 1,2,3).