

Anavai

(Israel)

Anavai, meaning “my vineyards,” was choreographed by Shmulik Gov-Ari to music by S. Lifshitz.

Pronunciation:

CD: D. Edery–Israeli Folk Dance—1999

4/4, 5/4 meter

Formation: Semi-circle, hands joined, CCW.

Counts

Pattern

INTRODUCTION

FIGURE I

- 1 Step fwd on R to ctr.
- 2 Step on L next to R, flexing L knee.
- 3 Step fwd on R to ctr.
- 4 Chug on R.
- 5-8 Step-bend bkwd with L,R.
- 9-12 Yemenite step with L.
- 13-16 Full turn to R with step-bend R and L, progressing to R.
- 17-20 Facing ctr, hands joined, Yemenite step with R.
- 21-24 Step on L to L; bounce; step on R next to L, no wt.

FIGURE II

- 1-8 Step-Bounce on R to R; step on L across in front of R; step on R to R; step on L behind R.
- 9-10 Slight hop on L, raising R knee fwd; step on R to R.
- 11-12 Step on L next to R; hold.
- 13-14 Step R to R; bounce.
- 15-16 Step on L next to R; bounce.

FIGURE III

- 1-6 Double Cherkessia from side to side, beginning with R across L.
- 7 Step on R across in front of L.
- 8-9 Stamp L bent behind R in place, while raising R knee fwd; hold.
- 10-17 Repeat Part II, cts 9-16.
- 18-34 Repeat cts 1-17.

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Presented by David Edery.