

Angelovata - Bulgaria

Dance introduced by: Jaap Leegwater

Formation: Line

Starting arm position: W-Position

Meter: The dance is a račnica, so the rhythm is 7/8 counted as 2+2+3, notated as QQS.

Steps used

Styling This račnica is from Severnjaško (North Bulgaria). The steps are light and bouncy.

Other notes

Measure	Count	Step
1	QQS	Facing center, step forward on L foot (QQ), bounce on L foot (S)
2	QQS	Step backward on R foot (QQ), bounce on R foot (S)
3		Repeat measure 2 on L foot
4	QQS	Bounce on L foot, while moving R foot towards the R (Q), step to the R on R foot (Q), step on L foot next to R foot (S)
5		Repeat measure 4
6	QQS	Facing LOD, small leap forward on R foot (Q), Step on L foot next to R foot (Q), Step on R foot forward (S)
7		Repeat measure 6 with opposite footwork
8	QQ	Facing center, leap on R foot to R while swinging R arms down
	S	Step on L foot behind R foot
9	QQS	Step on R foot forward while swinging arms forward (QQ), bounce on R foot and lift L foot slightly, at the same time swinging arms into W-position (S)

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Robert B. Shapiro
(785) 266-7155
rshapiro11@sbcglobal.net
URL: <http://www.recfd.com>
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