

## Open Waltz

Arr. by Margaret Midelfort

## OPEN WALTZ

The music has been traced to a manuscript from Danzig in East Prussia (1790). The dance form is probably as old as waltzing itself. We learned it from our parents.

Use the old fashioned, German waltz step (step-close-step).

Meas. 1-2 FORWARD 2 waltz steps with open hold, only the inner hands joined, beginning on outside feet. On the second waltz step turn half around individually toward each other, face in the opposite direction and join the other hands.

Meas. 3-4 BACKWARD in the same manner in the original direction. On the fourth measure come to ordinary dance hold facing your partner.

Meas. 5-8 ROUND WALTZ. 2 complete turns finishing in starting position.

Repeat as often as desired, but stay within any of the 8 measure phrases.

## GOOD NIGHT WALTZ

This is a waltz combination which has gradually developed through use in our Chicago groups. It could be varied in numerous ways.

Use the music of the Open Waltz and the same step. Couples form a large circle.

- I. CIRCLE to left 8 measures and to right 8 measures.
- II. IN AND OUT for 16 measures. Dance 2 waltz steps toward the center with arms swinging slightly forward upward, then 2 waltz steps back to the original circle position. Always keep the circle intact.
- III. GOOD NIGHT for 16 measures. The object is to change your partners. One change takes 4 measures. Dance 2 measures in the large circle to the left. Then, for the next 2 measures, the boys lead their partners in front of themselves and to their left side. Thus, the girls are completing one full turn while traveling from the right to the left of the boy. During this figure the boys dance in place. All join hands in the large circle again. Counting your own partner, there will be 4 changes.
- IV. OPEN WALTZ with the NEW partner (the fifth person).  
Repeat I. to IV. as often as desired.