

## Anglaise (Postkortdansen)

(Als [Sønderjylland], Denmark)

This dance is from Als in the Sønderjylland region of Denmark. This dance was reconstructed from a dancing master's diagram from 1785. The diagram was later printed as a picture postcard. Hence it is usually referred to as the postcard dance.

Pronunciation: ahn-GLAYZ Translation: English-style (Postcard dance)

Music: 3/8 meter *Liflig Sang CD 2, Track #11*

Formation: Longways 3-4 couples without handhold. M start with L, W with R.

Steps & Styling: Waltz. All references to “steps” or “dance” in this dance are waltz steps.

| <u>Meas</u> | <u>3/8 meter</u> | <u>Pattern</u>   |
|-------------|------------------|--|
| 3 notes     |                  | <u>INTRODUCTION.</u> No action.  |
|             | I.               | <u>DANCE AROUND NEIGHBOR.</u>  |
| 1-8         |                  | M1 dance around M2 CW with 4 steps while W2 dance CW around W1 with 4 steps. M1 and W2 meet in the ctr and do a 2-hand turn CW with 4 steps to end in orig places.   |
| 9-16        |                  | W1 and M2 repeat meas 1-8 moving CCW around W2 and M1.   |
|             | II.              | <u>DOWN, BACK, CAST.</u>   |
| 1-4         |                  | Cpls 1 dance down the inside passing Cpl 2; dance out between Cpls 2 and 3.  |
| 5-8         |                  | Cpl 1 join both hands at bottom of set and turn once CW.   |
| 9-16        |                  | Cpl 1, with inside hands joined, lead up the inside; cast off to end in second place, Cpl 2 moving up into what was Cpl 1's pos in cts 15 & 16.  |
|             | III.             | <u>STARS, CHAIN.</u>   |
| 1-2         |                  | Cpls 1 and 3 balance L and R with sdwd waltz steps (M with M, W with W) center hands joined in W-pos.  |
| 3-4         |                  | Repeat meas 1-2.   |
| 5-8         |                  | Cpls 1 and 3 star R with 4 steps starting with the L.  |
| 9-16        |                  | Cpls 1 and 2 Grand Chain 4 hands (beg R hand to ptr, moving in a small tight box). In 3-Cpl formation, Cpl 1 dance down to the end as Cpl 3 moves up and dance begins with new Cpls 1 and 2. In 4-Cpl formation, Cpl 1 dances again from second pos with Cpls 3 and 4, ending dancing down to the bottom and new Cpl 1 begins the dance. |
|             |                  | Dance repeats for each Cpl.  |

Presented by Wolfgang Schlüter

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