

ANKARA KARMASI  
Circle Dance

Source: Learned from Uğur Kavas, a member of the Turkish National Ensemble in the Spring, 1977. Steps are typical of the region of central Turkey.

Record: Horon 105, Side I #2

Formation: Individuals in a circle without holding hands, all facing LOD approximately two feet apart, maximum eight people to a circle. Both arms extended to side at shldr ht

Rhythm: 4/4

Cts                    INTRODUCTION

1-2                    With wt on L, touch R toe to R, arms extended to sides

3-4                    With wt still on L, touch R toe across in frt of L

5-16                    Repeat cts 1-4

STEP I

1                    Facing and moving LOD, step R fwd, R hand swings back, L fwd

2                    Step L fwd, L hand swings back, R fwd

3                    Step R in place, bend both elbows so that hands are under armpits, palms facing back

4                    Flex R knee facing and pointing L toe twd ctr as you open arms out to sides at shldr ht

5                    Step L in place starting to turn to R

6                    Flex L knee facing and pointing R toe outside circle, arms out to sides at shldr ht

7-24                    Repeat cts 1-6 three times, total of four

continued

ANKARA KARMASI (continued)

STEP II

- 1+ Facing and moving LOD, hands extended at sides, step fwd R,  
close R to L
- 2-4 Repeat ct 1+
- 5+ Facing LOD and moving twd ctr of circle, step R, step L
- 6-8 Repeat ct 5+
- 9 Step R bwd
- 10 Point L toe to ctr
- 11 Step L in place
- 12 Point R toe to R and start to turn R, bending R elbow so that R  
hand is at eye level, palm down, and L hand behind on waist, palm out.
- 13-16 Keeping R heel as a pivot, make four little steps with L toe, turning  
one full turn to own L (CCW) and end facing LOD
- 1-40 Repeat Step I and Step II

TRANSITION

- 1 Step R
- 2 Point L toe to L
- 3 Step L
- 4 Point R toe to R
- 5-8 Repeat cts 1-4

Cts

- 1-48 Repeat Step I, a total of eight times
- 1-4 Repeat Transition steps, cts 1-4, much slower
- 1-40 Repeat Step I and Step II
- 1-40 Repeat Step I and Step II
- 1-36 Repeat Step I and Step II, ending at ct 12 of Step II (i.e., end  
pointing R toe to R and don't make turn)