

\* circle dance, hands held down

\* intro. 8 cts.

Measure Variation

- A.
- 1 Facing center, step R. to R. (1), step L. behind R.(2), step R. to R. (3), hop on R. (4)
  - 2 Step L. to L. (1), step R. behind L. (2), step L. to L., brushing R. in front of L. (3,4)
  - 3 Rep. meas. 1
  - 4 Rep. meas. 2, except hop on L. (4)
  - 5 Step R. behind L. (1), hop on R. (2), step L. behind R. (3), hop on L. (4)
  - 6 Step R. to R. (1), step L. behind R. (2), step R. to R. (3), stamp L. beside R. no body weight (4)
  - 7 Step L. to L. (1), stamp R. beside L. no body weight (2), step R. to R. (3), stamp L. beside R. no body weight (4)
  - 8 Step L. to L. (1), step R. behind L. (2), step L. to L., brushing R. in front of L. (3,4)
- 9 - 16 Rep. meas. 1 - 8
- B.
- 1 Arms up to "hora" hold, facing center and remaining on spot, step R. across L. (1), step L. on the spot (2), step R. beside L. (3), step L. across R. (4)
  - 2 Step R. on the spot (1), step L. beside R. (2), step R. across L. (3), step L. on the spot
  - 3 Facing and travelling R.L.O.D., arms swing down, step R. (1), hop on R. (2), arms swing up, step L. (3), hop on L. (4)
  - 4 Step R. (1), turning to face L.L.O.D., but still travelling c.c.w., hop on R. (2), step L. bk. (3), step R. beside L. (4)
  - 5 Step L. bk. (1), step R. beside L. (2), step L. bk. (3), turning to face center, hop on L. (4)
  - 6 Facing center and remaining on spot, step R. beside L (1), step L. across R. (2), step R. on spot (3), step L. beside R. (4)

Aoleanul cont'd.

- 7 Step R. across L. (1), step L. on the spot (2), step R. beside L., brushing L. in front of R. (3,4)
- 8 Step L. to L. (1), step R. behind L. (2), step L. to L. to L., brushing R. in front of L. (3,4)

Taught by Nicolaas Hilferink