

APAT-APAT
(Phillipino)

Record: Michael Herman Folk Dancer 2022 or Mico 120
Formation: Partners, double circle, all facing counterclockwise, open position, inside hands joined.

Meter: 4/4
Cts.

- 1-4 Moving forward (CCW), take 4 walking steps, beginning R.
Release inside hands, turn right to face the opposite direction (CW).
- 1-4 Rejoin inside hands and moving forward (CW), take 4 walking steps, beginning R, back to place.
- 1-4 Release hands, face partner, and step backwards away from partner 4 walking steps, beginning R.
- 1-4 Moving toward partner, take 4 walking steps, beginning R.
- 1-4 All turn to the right and take 4 walking steps forward (men CW, ladies CCW), beginning R, (away from partner around the circle).
- 1-4 Moving backward toward partner, all take 4 walking steps backward, beginning R.
- 1-4 Face partner, join right hands (elbow bent), and moving CW around each other, take 4 walking steps, beginning R, once around.
- 1-4 Release hands, men moves forward (CCW) with 4 walking steps to a new partner, while lady turns to her right (CW) in place with 4 walking steps, ready for new partner.