

## 1961 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Francisca Aquino

## APAT-APAT (Four by Four)

(Philippine)

SOURCE: This dance introduced in the United States by Francisca Aquino, noted dance authority from the Philippines. Detailed directions are found in her Handbook of Philippine Folk Dances. The following are condensed directions for those taking her workshops. Please do not reproduce without her written permission.

Philippine folk dance mixer.

OCUNT: One; two to a measure. Music is divided into two parts, A and B.

FORMATION: Double circle, lady to right of man, facing counterclockwise, inside hands joined.

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Music - *Folk Dance* <sup>MH</sup> 2031 Pattern

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- | Meas. | THE DANCE:  |
|-------|---|
| 2     | a) Join inside hands, free hands at sides. Starting with right foot for both girl and boy, walk forward 4 steps.  |
| 2     | b) Release inside hands, both turn right about to face opposite direction (clockwise) and walk forward 4 steps clockwise.   |
| 2     | c) Release inside hands. Face each other, and walk backwards away from partner, 4 steps, starting on right foot.  |
| 2     | d) Move toward partner, forward 4 steps.  |
| 2     | e) Face right so that left shoulders are toward partner, and starting with right foot take 4 steps forward.   |
| 2     | f) Walk backwards 4 steps (this brings you beside partner again).   |
| 2     | g) Face partner, join right hands (elbows bent) and walk clockwise in place 4 steps, once around.   |
| 2     | h) Release right hands, and boy walks forward 4 steps moving counterclockwise to next girl up ahead. The girl in the meantime takes 4 steps turning clockwise in place ready to take new partner. |

Repeat dance as often as desired. This is an excellent mixer.