

by (the late) Francisca Aquino, are used here with the permission of her daughter, Celia Martinez.

**APAT APAT**

Apat Apat (AH-paht AH-paht), a Philippine folk dance mixer, was introduced in the United States by Francisca Aquino.

Record: Folk Dancer MH-2031, Mico MX 626-B

Formation: Cpls in a circle facing LOD, Girl to Boy's R with inside hands joined at shoulder height, elbows bent. When hands are free, they hang naturally at sides.

Steps: Smooth walking step

Meter 4/4 Pattern

Meas

- |     |   |                |
|-----|---|----------------|
|     |   | 1-6            |
| 8   | Introduction (Last music has castanets in it.)  |                |
|     | <i>I. Walk with Partner, Away and Together</i>  |                |
|     | Begin with vocal.   | 19             |
| 1-2 | Both beginning R, walk 4 steps in LOD.  | 20             |
| 3-4 | Release hands, both turn ½ R, join inside hands (boys L, girls R) and walk 4 steps in RLOD.       | 21-22<br>23-24 |
| 5-6 | Release hands, turn to face ptr and walk 4 steps bwd (boys twd ctr, girls away from ctr).         |                |
| 7-8 | Walk 4 steps fwd twd ptr.   |                |
|     | <i>II. Opposite Circles, Star and Progress</i>  | 25-32          |
| 1-2 | Both turn ¼ R (L shoulder twd ptr) and walk fwd 4 steps (boys RLOD, girls LOD).                   |                |
| 3-4 | Both walk bwd 4 steps (B LOD, G RLOD).  | 1-2            |
| 5-6 | Ptrs join R hands, shoulder height with elbows bent, and walk 4 steps CW once around.             | 3-6            |
| 7-8 | Release hands and B walk 4 steps in LOD to next G, while ptr turns ½ CW with 4 steps to face LOD. |                |
|     | Repeat dance with new ptr.  |                |