

Aptalikos

From the Island of Mytelene (Lesbos), this is basically a solo dance, but most often done in front of a partner with much turning and circling. From Mary Ann Karonis, director/teacher of GreekFeet dance club, who learned it from Christos Theologos during a trip to Greece in 2009.

Music 9:8 meter , Dance Counts : 1 2 3 4 5 6 7 8 9 (SqSqqs: S=2, q=1 beat)

(Bob and Jerry Kolo Festival CD, from J Graziosi collection)

Formation: Facing a partner and turning at will.

- Meas 1:
- 1) Facing partner, step L in place, arms are free
 - 2) hold
 - 3) Step R diagonally to fwd R
 - 4) Step L fwd
 - 5) hold
 - 6) Step R across front of L and slightly backward
 - 7) Step L bkwd
 - 8) Step R to R
 - 9) hold