


Arcanul
Moldavia, Romania

Lasso  use lasso to
conscript groups of
men into army

Formation: Short lines, men only

Position: Shoulder hold

Record: Nevofoon 15 005, Romanian Folkdance, side 1, band 1

Meter: 2/4

Introduction: 4 measures

Note: The motif of the 1st figure is measures 1-3

Measures

Pattern

- 1-3 Facing slightly diagonally R, step R to R (ct. 1), step L behind (ct. 2), step R to R (2), virf - toc or čukče (heel drop) R (ct. 2), stamp L (ct. a), accented step L (ct. 3), virf - toc L (ct. 2)
- 4-15 Repeat measures 1-3 four more times
- 16 Stamp R FACING TO R
- 17 Facing and moving LOD, step R (ct. 1), step L (ct. 2), step R (ct. 2), hop R (ct. 2). Note: body held erect, head up
- 18 Step L (ct. 1), step R (ct. 2), step L (ct. 2), hop L (ct. 2) Note: body bends forward, particularly head down fwd.
- 19-24 Repeat measures 17-18, noting alternating body position
- 25 Facing center, touch R across L (ct. 1), flat leap R in place (ct. 2), touch L across (ct. 2), flat leap L in place (ct. 2)
- 26 Weight on L, touch R across (ct. 1), touch R to R (ct. 2), touch R across (ct. 2), flat leap R in place (ct. 2) Note: The touches are done with the feet flat (not on toes) so that the hips twist slightly.
- 27-28 Repeat 25-26 reversing footwork
- 29-30 Repeat measures 25-26, but on count 2& (meas. 26) lift R instead of leaping onto it
- 31 Weight on L, swing R leg back touching R in back (ct. 1&), swing R leg fwd (ct. 2&)
- 32 Stamp R (ct. 1), stamp R (ct. 2), down onto R knee bringing bent L fwd (ct. 2&)
- 33 Gesture with L, touch L to center (ct. 1), touch L to L (ct. 2), touch L to center (ct. 2), touch L to L (ct. 2) *FLAT FOOT*
- 34-35 Repeat measure 33 two more times
- 36 Change knees, weight onto L knee (ct. 1&), bring bent R leg fwd (ct. 2&)
- 37-38 Same as meas. 33, reversing footwork
- 39 Stand up on R leg (ct. 1&), step L in place (ct. 2&)
- 40 In place stamp R (ct. 1), stamp R (ct. 2), stamp R (ct. 2&)

Repeat dance

Notes;

Gail Kligman

Sunni Bioland

