

## Arcanul de la Fundul Moldovei

(Moldava)

- Translation: Military recruiting dance from the heart of Moldova
- Background: Arcanul is an Army recruiting dance like many others that were used in that part of the world to excite young men into joining. Traditionally a man's dance, is still done in mixed lines today for different reasons, like fun!!! This version was learned by Alexandru David from Viorel Vatamaniuc of Suceava, Moldova. Born and raised in Suceava this folklorist today conducts the dance department for the Ciprian Porumbescu Ensemble in Suceava.
- Music Source: CD - Mihai David, Romanian Village Dances Village, Volume III
- Meter: 4/4
- Formation: An open circle
- Position: Shoulder hold or low hand hold
- Introduction: None

### Figure One:

#### Count

1&2&3

&

4

&

#### Steps

Five running steps beginning with your Right in LOD.

On count & click your left heel to your right on count &.

Count 4 step on Left same direction and

Count & click your Right heel to your Left on count &.

Repeat Figure one three more times, four in total.

### Figure Two:

#### Count

1

&

2

&

3

&

#### Steps

Facing in step on Right count one

Raise your Left with a slight hop on your Right on count &

Count two step on Left

Click your Right to your Left on count &.

Count three step Right to right

Count & step Left behind Right.

Repeat figure two four more times, five in total.

1

&

Facing in step on Right count one

Reversing direction, step on Left count &

## Arcanul de la Fundul Moldovei (continued)

### Figure three:

Count  
1&-8&

Steps

Traveling RLOD Eight full counts, Right foot crossing in front of Left - step Right count one, step Left count & repeat seven more counts, eight in total with a hop on R to reverse footwork and direction on the last count &.

9-16

Repeat entire figure to Right with opposite footwork.

### Figure four:

Count

Steps

Facing center in place:

1&

Measure one: Light stamp with your Right in front, count one, bring Right foot back count &

2&

Repeat with Left on count two and count &.

3&-4&

Measure two: Stamp with Right in front-left count one, stamp with the same Right front-right count &, then repeat with your Right to front-left count two and bring back your Right on count &.

Repeat this again.

1&-2&

Measure three: Repeat counts 1&-2& in Measure one above.

3&-4&

Stamp with Right 3 times in front on counts 3, &. 4 and hold on count &.

1&

Measure four: In place continuing facing in brush Right foot backward count one&.

2&

Reverse direction with the same foot count 2&.

3&-4&

Followed by three stamps in place, count 3, &, 4, then hold for count &.

Repeat entire dance from the beginning until the end of the music.

## ARCANUL DE LA FUNDUL MOLDOVEI

Auxiliary Notes by Sally Jenkins

Running: R-L-R-L-R-click-L-click (8 counts)--do 4x total.

R - Lift - ~~L~~ - click - R - behind (5x total)

8 ridas to left, 8 ridas to right

Stamps (facing center, in place)

R - back - L - back - R - R - R - R

R - back - L - back - R - R - R - R

R - back - L - back - R - R - R - raise Rt ft fwd in mid-air

Brush R ft bkwd - Brush R ft fwd - R - R - R.