

## Ardeleana din Banat

(Romania)

Ardeleana din Banat (ae-del-YAH-nah deen bah-NAHT) is a couple dance from Lugoj-Banat (west-central area), Romania and was learned by Sunni Bloland from Marius Korpel, a Romanian dance teacher in Schiedam, Holland. Sunni presented the dance at the 1984 Kolo Festival. This description is based on her presentation at the 1985 University of the Pacific Folk Dance Camp.

CASSETTE: NOROC-SLC 6-84; NOROC-SLC 684 II Side A/7 2/4 meter  
Slow tempo a little.

FORMATION: A circle of cpls, pcrs facing each other, W back to ctr. Hands joined with ptr, R with L, held low ("V" pos), elbows relaxed.

STEPS and STYLING: Running Two-step: Step fwd on R ft (ct 1); step beside, or a little fwd of R ft on L ft (ct 2); step fwd on R ft (ct 3). The essence of the step is fwd movement.

Leap: Change wt from one ft to the other with greater height than a run. Both ft are off the floor at the apex of the leap.

The dance moves swiftly and lightly, although generally the steps are taken on the full ft. Ftwk described for M; W use opp ftwk unless otherwise noted.

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MUSIC 2/4

PATTERN

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Measures

No Introduction.

### I. SIDE TO SIDE; WOMAN TURN

- 1 Step on R ft to R (ct 1); step on L beside R (ct 2). Joined hands move to M R (ct 1); to M L (ct 2).
- 2 Step on R ft to R (ct 1); touch L beside R (ct 2). Joined hands move to M R (ct 1); hold (ct 2).
- 3-4 Repeat meas 1-2 with opp ftwk, hand swing and direction.
- 5 Raise joined hands to shldr level, elbows bent and down ("W" pos) between ptrs, step R,L,R in place (cts 1,&,2). Hands move slightly to M R.
- 6 Repeat meas 5 with opp ftwk; hands move slightly to M L.
- 7 Release M L, W R hands; raise joined hands. M: Step on R to R (ct 1); step on L beside R (ct 2). W: Turn CCW under raised hands, stepping L,R (cts 1,2).
- 8 M: Step on R to R (ct 1); hold (ct 2).  
W: Finish turn to end facing ptr, step L (ct 1); hold (ct 2).
- 9-16 Rejoin hands in "V" pos and repeat meas 1-8. At end of meas 16, ptrs face LOD (W on L of ptr); join inside hands at shldr level (M L, W R), forearms almost touching; elbows bent and down just above outside hands which are joined at waist level across own body. Referred to hereafter as "L" pos.

### II. IN LOD; WOMAN ACROSS

- 1-2 Move fwd in LOD with 2 Running Two-steps, M beg R, W L.
- 3 M: 2 low Leaps in place R,L (cts 1,2), pulling W across in front of him to his R side.  
W: 2 low Leaps L,R across in front of ptr to end facing LOD at ptr R side (cts 1,2). Hand pos is reversed in "L" pos (new inside hands in vertical pos, outside hands across body).

- 4 Move fwd in LOD with 1 Running Two-step.
- 5-8 Repeat meas 1-4 with opp ftwk, W crossing to ptr L side on meas 7.
- 9-16 Repeat meas 1-8.

III. ROCK ROCK

- 1-2 Repeat Fig II, meas 1-2 (2 Running Two-steps in LOD). Hands in "L" pos.
- 3 With small Leap fwd onto R, lean fwd from waist thrusting joined inside hands fwd in LOD until forearms are parallel to floor (ct 1); small Leap back onto L ft, resuming erect posture and returning inside hands to "L" pos (ct 2).
- 4 Turning to face ptr, step R,L,R in place (cts 1,&,2). Hands come to "W" pos as in Fig I, meas 5.
- 5-8 Turn to face RLOD and repeat meas 1-4 with opp ftwk and direction, reversing arm pos.
- 9-10 Repeat ftwk and arm motion of meas 3-4, but beg with a small Leap onto R across L in RLOD.
- 11-12 Repeat meas 9-10 with opp ftwk and direction, reversing hands also.
- 13-16 Repeat meas 9-12. End with ptrs facing, W back to ctr.

IV. WOMAN AROUND PARTNER

In place, M, beg R, dance same ftwk as W. Release M L, W R hands; raise joined hands; M leads W around him in a CCW circle in 6 meas.

- 1-2 W, beg L, dance 2 Running Two-steps beg to move around ptr in a CCW direction (cts 1,&,2) for each meas.
- 3 Continuing around ptr W Leap L,R (cts 1,2).
- 4-6 W continue around ptr with 3 Running Two-steps to finish almost in front of ptr at the end of meas 6.
- 7 M lead ptr into a CCW turn in front of him as she Leaps R,L (cts 1,2).
- 8 Rejoin both hands in "V" pos and step in place M (L,R,L) W (R,L,R) (cts 1,&,2).
- 1-56 REPEAT DANCE FROM THE BEGINNING. During Fig IV, meas 8, M lead ptr to his R side (he may move slightly to L to accommodate ptr) to end with all cpls in a circle in "T" pos (hands on nearest shldr of adjacent dancers, arms outstretched). W must free her R ft for Coda by stepping R,L (cts 1,2) in meas 56.

CODA (same ftwk fro M and W).

- 1 Facing ctr, moving in RLOD, step on R across in front of L (ct 1); step on L to L (ct 2).
- 2 Step on R across in back of L (ct 1); step on L to L (ct 2).
- 3 Turning to face RLOD, step fwd on R (ct 1); hop on R (ct 2).
- 4 Step fwd on L (ct 1); hop on L (ct 2). Turn to face ctr at end.
- 5-6 Repeat meas 1-2.
- 7 Facing ctr, step R,L in place (cts 1,2).
- 8 Stamp R twd ctr, no wt (ct 1); hold (ct 2).
- 9-16 Repeat meas 1-8, but M lead ptr twd ctr of circle to face him on meas 15. W take wt on stamp on R ft (meas 16). Join hands in "V" pos to beg dance again.
- 1-56 REPEAT DANCE FROM BEGINNING, FIG I-IV (no Coda).

